

## English

### General Objectives-

To enable the learner to-

- Recognise and identify the main points of the text.
- Communicate effectively beyond the curriculum..
- Develop and integrate the use of language skills.
- Develop appreciation of English language.
- Revise and reinforce structure already learnt.

Month	Chapter/Topic	Teaching Methodology	Learning Outcomes
April 22	Lit. Monkey Trouble,	Interactive, SDG15(life on land) *Weave story with different ending *Campaign to protect and love animals	Comprehension of the text, Vocabulary Enrichment, Appreciation of the Content, Problem Solving.
	Birdie, Will You Pet	Interactive, SDG15(life on land) Paraphrasing, PDF, Worksheets *Panel discussion *Poem Recitation	Identification of the poetic devices Imbibing the values
	Writing Skills Notice Writing	Interactive Sample writing,	Improved written Communication
	Diary Entry	Interactive Sample writing	Improved written Communication
May 15	Lit A Hero	Interactive SDG15, Role Play *Idioms with meaning and sentences on Courage *A Comic Strip on your favourite scene.	Comprehension of the text, Vocabulary Enrichment, Appreciation of the Content, ability of Problem Solving.

	PracticeBook Articles	Interactive,Discussionafterexplanation	Applicationinreallifeconversation
	Reader Relationships	Interactive SDG 15 GrammarchunkArticles	Comprehensionofthetext,Extensive Reading ,Better Understanding
	WS MessageWriting	Interactive,Samplewriting	BetterCommunication
	<b>Bonus Reading SwamiandFriendsBy R.KNarayan</b>	<b>SelfReading</b>	<b>VocabularyEnhancement,better communication</b>
July25	Lit Fight,Manju,Fight	Interactive,ReadinginTurns,mind map, SDG 15  *Attitudeofclassmatestowardspecial /differentlyabledchildren-AGlimpse	Skilltoanalyseandinterpretthe text Deducethemeaningoflexicalitems, understanddifficultsituationsinlife.
	IDreama World,	Recitation/Loudreadingwith correct pronunciation and stress *Drawtheworldofyourdream	Encourageimagination,

		andlabelit *Deliverashortspeechonhowweas children can replace hatred with affection for each other SDG15	To bespecificinreflection,expression,and individual opinion.
	PracticeBook TheSentence PassiveVoice	Interactive	Applicationwhilewriting
	Reader Attitude	Interactive,SDG3(GoodHealthandWell Being) Grammar Chunk The Sentence	Comprehensionofthetext,Extensive Reading Improved understanding
	WS SpeechWriting	Interactive	ImprovedWritten Communication
Aug 19	Reader PeopleAtWork	Interactive, Reading , Discussion SDG8(DecentWorkandEconomic Growth) GrammarChunk Passive Voice	Comprehensionofthetext,Extensive Reading

	Practice Book Transitive and Intransitive Verbs	worksheets	Application while writing and speaking
	Modals	worksheets	Application while writing and speaking
	Phrases and Clauses	worksheets	Application while writing and speaking
	WS Informal Letter Writing	Interactive	Better written communication
	<b>Bonus Reading Swami and Friends By R.K.Narayan</b>	<b>Self Reading</b>	<b>Vocabulary Enhancement, better communication</b>
Sept 11	The Compound Sentence	worksheets	Application while writing and speaking
	Revision for Half Yearly Exams	worksheets for practice	Better understanding
Oct 20	Lit Friends and Flatterers	Interactive, recitation with correct intonation and stress  *Acrostic poem on your best Friend's name.	Vocabulary enhancement, to be specific in reflection
	Stone Soup in Bohemia	Interactive, Loud Reading followed by Silent Reading Role Play SDG 11 (meet and welcome people SDG 2 (Zero Hunger)	Gain textual knowledge, infer character traits of the protagonist, vocabulary enhancement
	Practice Book  Linkers	Interactive	Application while writing and speaking
	Reader The Future World	Interactive, SDG 14 (cut plastic pollution) Grammar Chunk Linkers	Comprehension of the text, Extensive Reading Better understanding
	WS Article Writing Email Writing	Interactive	Better written communication
	<b>Bonus Reading The Story of My Life by Helen Keller</b>	<b>Self Reading</b>	<b>Vocabulary Enhancement , better communication</b>

Nov 18	Lit The Human Robot  The Spider and The Fly	Interactive, loud reading followed by Silent reading. *What does my robot do?  Interactive, Recitation Dialogue between the spider and the fly as true friends	Understand the text, make wise use of technology imbibing values  Identify the poetic devices, imbibe the values, choosing true friends
	Reader Achievers	Interactive  SDG8 (Work with Purpose)  Grammar Chunk Linkers	Comprehension of the text, Extensive Reading Better understanding
	Practice Book Reported Speech	Interactive	Improved Communication
	Perfect Progressive Tenses	Interactive	Improved Communication
	Writing Skills Dialogue Completion	Interactive	Better written communication
Dec 23	Lit Chocolates in Your Dreams Too	Interactive, loud reading followed by Silent Reading *Poster Making	Awareness about the healthy and unhealthy Adopting healthy lifestyle
	Practice Book Future Time Reference	Interactive Interactive	Improved Communication Better Understanding
	Reader Unity In Diversity	Interactive, SDG10 (Reduced Inequalities) Grammar Chunk Reported Speech/ Perfect Progressive Tenses/ Future Time Reference	Comprehension of the text, Extensive Reading, Better Written Communication

	WritingSkills FormalLetter	Interactive	
	<b>BonusReading</b> <b>TheStoryOfMy Life By Helen Keller</b>	<b>SelfReading</b>	<b>VocabularyEnhancement ,better communication</b>
Jan 16	Revision	Interactive/worksheets	-----

### **Summer Break Home Work**

Reviseallchaptersdonesofar.

Art IntegratedProject

Compareandcontrast UttarPradeshand ArunachalPradeshw.r.t Food,Dresses andFestivals.

Read the Book Swami and Friends

ProjectWork AStormyAdventure

DrawandDescribeYourFavouriteCharacterfromthetory. Enact in

Class any scene of the story

### **WinterBreakHomeWork**

**Revise the whole syllabus.**

# हिंदी

## भाषा शिक्षण उद्देश्य-

- दैनिक जीवन में हिन्दी को समझने, बोलने के साथ-साथ लिखने की क्षमता का विकास।
- भाषा सीखने की सृजनात्मक प्रक्रिया को जानना।
- औपचारिक विषयों और संदर्भों में बातचीत में भाग ले पाने की क्षमता का विकास।
- हिन्दी के जरिए अपने अनुभव संसार को लिख कर सहज अभिव्यक्त कर पाने में सक्षम बनाना।
- संचार के विभिन्न माध्यमों में प्रयुक्त हिन्दी के विभिन्न रूपों को समझने की योग्यता का विकास।
- कक्षा में बहुभाषिक, बहुसांस्कृतिक संदर्भों के प्रति संवेदनशील सकारात्मक सोच बनाना।
- भाषा और साहित्य के संबंध को जानना।
- हिंदी भाषा के विविध रूपों और अभिव्यक्तियों को जानना।
- अपनी मातृभाषा और परिवेशगत भाषा को साथ रखकर हिन्दी की संरचनाओं की समझ बनाना।
- कविता, कहानी तथा घटनाओं को रोचक ढंग से लिखना।
- भावों और विचारों की स्वतंत्रता अभिव्यक्त करना।
- भाषा व साहित्य को समझने एवं आत्मसात करने की दक्षता का विकास।
- भाषा के व्यावहारिक प्रयोग से शब्द भंडार में वृद्धि।
- समसामयिक विषयों को तार्किक ढंग से संगठित कर अभिव्यक्ति करना।
- जीवन मूल्यों, नैतिक मूल्यों जैसे गुणों का विकास करना।

## पाठ्य पुस्तकें-ज्ञान सागर व अभ्यास सागर

अप्रैल 22 दिवस

<u>क्रम संख्या</u>	<u>मास/कार्य दिवस</u>	<u>पाठ का नाम</u>	<u>शिक्षण युक्ति</u>	<u>अधिगम प्राप्ति</u>	<u>नई राष्ट्रीय नीति के अनुसार/क्रियात्मक गतिविधियाँ</u>
1.	अप्रैल 22 दिवस	<b>बारहमासा</b>	-कविता वाचन -प्रवाह चित्र - विभिन्न मौसमों	-प्रत्येक महीने की विशेषताओं को समझ पाएंगे।	-परीक्षा के बाद आप जहां भ्रमण के लिए गए

			<p>के चित्र</p> <ul style="list-style-type: none"> <li>-व्याख्यात्मक विधि</li> <li>-उदाहरण शैली</li> <li>-प्रश्नोत्तर विधि</li> <li>-पी.पी.टी.</li> <li>-अभ्यास पत्र</li> </ul>	<p>-प्रकृति के परिवर्तन को समझ सकेंगे।</p> <p>-संगीत से जुड़े वाद्य यंत्रों के बारे में बताते हुए शास्त्रीय संगीत का महत्व समझ सकेंगे।</p> <p>- प्रत्येक ऋतु व त्योहार का अनुभव करते हुए संस्कृति से जुड़ाव।</p> <p>-जलवायु के परिवर्तन से सामान्य जन-जीवन पर प्रभाव ।</p>	<p>वहाँ की जलवायु, रहन-सहन, वेशभूषा, खानपान आदि का एक प्रोजेक्ट तैयार कीजिए ।</p> <p><a href="#">एस.डी.जी गोल्स-4</a></p> <p><a href="#">गुणवतापूर्ण शिक्षा</a></p> <p>-जलवायु के कारण प्राकृतिक आपदाओं के बारे में अनुच्छेद लिखिए ।</p> <p><a href="#">एस.डी.जी गोल्स-6 स्वच्छ जल और स्वच्छता</a></p>
2.		<b>नाटक में नाटक</b>	<p>-प्रवाह चित्र</p> <ul style="list-style-type: none"> <li>-व्याख्यात्मक विधि</li> <li>-विभिन्न आरेख</li> <li>-शब्द चक्र</li> <li>-प्रश्नोत्तर विधि</li> <li>-स्पष्टीकरण</li> <li>-अभ्यास पत्र</li> </ul>	<p>-छात्र नाट्य शैली से अवगत होंगे ।</p> <p>-संवाद अभिनय के द्वारा संवाद शैली का विकास हो सकेगा ।</p> <p>-अनुस्वार और अनुनासिक शब्दों का ज्ञान और प्रयोग सीख सकेंगे।</p>	<p>-बच्चों में निर्णय लेने की क्षमता का विकास करने के लिए एक पृष्ठ पर लिखवाया जाएगा कि यदि वे राकेश के स्थान पर होते तो किस प्रकार इस समस्या को सुलझाते ।</p> <p>-कक्षा में बच्चों को एक नाटक तैयार करने के लिए दिया जाएगा । नाटक प्रस्तुति के पश्चात उनसे सामूहिक</p>

					<p>चर्चा की जाएगी कि नाटक की तैयारी करते हुए तथा नाटक प्रस्तुति के दौरान उनके अनुभव कैसे रहे । क्या वे नाटक का जो उद्देश्य था वो सफलतापूर्वक सब तक संप्रेषित कर पाए ।</p> <p><a href="#">एस.डी.जी गोल्स-</a> 17 लक्ष्य प्राप्ति में सामूहिक भागीदारी</p>
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### मई 15 दिवस

<u>क्रम संख्या</u>	<u>मास/कार्य दिवस</u>	<u>पाठ का नाम</u>	<u>शिक्षण युक्ति</u>	<u>अधिगम प्राप्ति</u>	<u>नई राष्ट्रीय नीति के अनुसार/क्रियात्मक गातिविधियाँ</u>
1.	मई 15 दिवस	निर्मला ,साँप और सयाल	<ul style="list-style-type: none"> <li>-मस्तिष्क मंथन गतिविधि</li> <li>- आगमन निगमन विधि</li> <li>- चलचित्र प्रदर्शन</li> <li>-प्रवाह चित्र</li> <li>-स्पष्टीकरण</li> <li>-कथानक शैली</li> <li>-प्रश्नोत्तर विधि</li> <li>-विवेचनात्मक विधि</li> <li>-अभ्यास पत्र</li> </ul>	<ul style="list-style-type: none"> <li>-छात्र मित्र के चुनाव में सचेत रहेंगे ।</li> <li>-छात्र सच्ची मित्रता की कीमत को पहचानेंगे ।</li> <li>- मित्रों की मदद करने को तत्पर होंगे ।</li> <li>-किसी को मुसीबत में फँसे देखकर उसकी मदद करने की भावना का विकास होगा।</li> <li>-जीवन में विपरीत</li> </ul>	<ul style="list-style-type: none"> <li>- भारत की पहचान बनी साहसी बेटियों के बारे में जानकारी हासिल करके एक जी. ओ. तैयार कीजिए ।</li> <li><a href="#">एस.डी.जी गोल्स- 5.लैंगिक समानता</a></li> <li>- साहस के गुण पर कोई कविता/ कहानी/ प्रसंग/ संस्मरण/ पीपीटी/ पोस्टर/ अनुच्छेद लेखन/ नारा लेखन/ नाटक तैयार</li> </ul>

				स्थितियों में संयम, समझदारी से मुकाबला करने की आवश्यकता होती है यह समझ पाएंगे।	कीजिए। <a href="#">एस.डी.जी गोल्स-4.गुणवत्तापूर्ण शिक्षा</a>
2.		<b>अनुस्वार व अनुनासिक</b>	-प्रवाह चित्र -निगमनात्मक विधि -प्रश्नोत्तर विधि -दृष्टांत विधि -अभ्यास पत्र	-छात्र अनुस्वार व अनुनासिक शब्दों का उचित रूप में उच्चारण सीख पायेंगे।	-कक्षा कक्ष में खेल के माध्यम से शब्दों का उच्चारण अभ्यास।

### जुलाई 25 दिवस

<b>क्रम संख्या</b>	<b>मास/कार्य दिवस</b>	<b>पाठ का नाम</b>	<b>शिक्षण युक्ति</b>	<b>अधिगम प्राप्ति</b>	<b>नई राष्ट्रीय नीति के अनुसार/क्रियात्मक गतिविधियाँ</b>
1.	जुलाई 25 दिवस	<b>बातूनी</b>	-प्रवाह चित्र - मस्तिष्क मंथन । - नाट्य मंचन विधि -उदाहरण विधि -प्रश्नोत्तर विधि -स्पष्टीकरण विधि -दृश्य/श्रव्य माध्यम -अभ्यास पत्र	- पाठ में निहित परोपकार के मूल्य को समझेंगे । - अधिक बोलने के दुष्परिणाम जानेंगे । - अपना काम स्वयं करने की अनुभूति । - विश्लेषण करने की दृष्टि प्राप्त होगी -निष्कर्ष पर पहुंचना सीखेंगे व दूरदर्शी होंगे ।	- पाठ में प्रयोग हुई हास्य कहानी विधा को एक पोस्टर के द्वारा प्रस्तुत कीजिए । <a href="#">एस.डी.जी गोल्स-4.गुणवत्तापूर्ण शिक्षा</a>  -पाठ के आधार पर सज्जन व्यक्ति का चरित्र चित्रण मीन आरेख द्वारा कीजिये ।  <a href="#">एस.डी.जी. गोल्स-17लक्ष्य हेतु भागीदारी</a>
2.		<b>समय</b>	-मस्तिष्क मंथन प्रश्नोत्तरी -प्रेरणात्मक विडिओ - साक्षात्कार गतिविधि	- जीवन में समय की कीमत को समझ पायेंगे। - विश्लेषण करने की दृष्टि प्राप्त होगी, जिससे	-समयानुसार ऋतु चक्र का चलना विषय पर ग्राफिक आरेख बनवाना । <a href="#">एस.डी.जी. गोल्स-17लक्ष्य हेतु</a>

			<ul style="list-style-type: none"> <li>-प्रवाह चित्र</li> <li>- कविता का सस्वर वाचन</li> <li>- भावार्थ स्पष्टीकरण विधि</li> <li>-उदाहरण विधि</li> <li>-प्रश्नोत्तर विधि</li> <li>-अभ्यास पत्र</li> </ul>	<p>किसी भी निष्कर्ष पर पहुंचना सीखेंगे व दूरदर्शी होंगे ।</p> <ul style="list-style-type: none"> <li>- समय के महत्व को समझ कर समय का सदुपयोग करेंगे और आगे बढ़ने की प्रेरणा देना।</li> </ul>	<p><b>भागीदारी</b></p> <ul style="list-style-type: none"> <li>- छात्रों द्वारा समय के पर्यायवाची शब्दों को सूचीबद्ध करते हुए शब्द चक्र का निर्माण करें ।</li> <li>- 'यदि में बीते समय में चला जाता' विषय पर लघु कथा निर्माण ।</li> </ul> <p><a href="#">एस.डी.जी. गोल्स</a> <a href="#">- 4 गुणवत्तापूर्ण शिक्षा</a></p>
3.		<b>उपसर्ग व प्रत्यय</b>	<ul style="list-style-type: none"> <li>-प्रवाह चित्र</li> <li>-उदाहरण विधि</li> <li>-प्रश्नोत्तर विधि</li> <li>-पी.पी.टी.</li> <li>-दृश्य/श्रव्य माध्यम</li> <li>-अभ्यास पत्र</li> </ul>	<ul style="list-style-type: none"> <li>-छात्र शब्दों में प्रयोग होने वाले उपसर्ग व प्रत्यय से परिचित हो पायें।</li> <li>-छात्र मूल शब्दों में उपसर्ग व प्रत्यय जोड़ कर नए शब्द का निर्माण करना सीख पायें।</li> </ul>	<ul style="list-style-type: none"> <li>-उपसर्ग और प्रत्यय की सहायता से शब्दों का नवनिर्माण करें।</li> </ul>

### अगस्त 19 दिवस

<b>क्रम संख्या</b>	<b>मास/कार्य दिवस</b>	<b>पाठ का नाम</b>	<b>शिक्षण युक्ति</b>	<b>अधिगम प्राप्ति</b>	<b>नई राष्ट्रीय नीति के अनुसार/क्रियात्मक गतिविधियाँ</b>
1.	अगस्त 19 दिवस	<b>स्कूल की छुट्टियाँ</b>	<ul style="list-style-type: none"> <li>-मस्तिष्क मंथन गतिविधि</li> <li>-प्रवाह चित्र</li> <li>-शब्द चक्र निर्माण</li> <li>-उदाहरण विधि</li> <li>-कथानक</li> </ul>	<ul style="list-style-type: none"> <li>-छात्र स्कूल की छुट्टियों का सदुपयोग करना सीखेंगे ।</li> <li>- कहानी विधा से परिचय ।</li> <li>- बाल सुलभ आदतों से परिचित करवाना ।</li> <li>- अन्य पुस्तकें पढ़ने की आदत से अवगत होंगे ।</li> </ul>	<ul style="list-style-type: none"> <li>- कक्षा गतिविधि:- आगामी परीक्षाओं को लेकर दो छात्रों के बीच में संवाद प्रस्तुति कारवाई जाएगी ।</li> </ul> <p><a href="#">एस.डी.जी. गोल्स-17लक्ष्य हेतु</a></p>

			वर्णन -अभ्यास पत्र		<b>भागीदारी</b>  -आपने अपनी गर्मियों की छुट्टियों को किस तरह व्यतीत की एक पीपीटी के माध्यम से प्रस्तुत कीजिए।  <b>एस.डी.जी. गोल्स-3 स्वस्थ जीवन और आरोग्य</b>
2.		<b>एवरेस्ट की चुनौती</b>	-मस्तिष्क मंथन प्रश्नोत्तरी - शब्द चक्र - कविता गायन -प्रवाह चित्र -उदाहरण विधि -यात्रा वृतांत -प्रश्नोत्तर विधि -स्पष्टीकरण -अभ्यास पत्र	-पर्वतारोहण के विभिन्न आयामों की जानकारी व पर्वतारोहियों की चुनौतियों से अवगत होंगे - समूह के नेता की जिम्मेदारियों से अवगत होंगे । - विभिन्न परिस्थितियों में से कभी हार न मानने के भाव को समझेंगे । साहस,हिम्मत, सहभागिता, सहयोग और निडरता जैसे गुणों को जान पाएंगे ।	पर्वतों की खोज विषय पर परियोजना रिपोर्ट तैयार करें जिसमें पर्वतों की संरचना, विशेषताएँ, उनका महत्व आदि बताया गया हो । <b>एस.डी.जी. गोल्स-13 जलवायु कार्यवाही</b>
3.		<b>चित्र-वर्णन</b>	-प्रवाह चित्र -उदाहरण विधि -मस्तिष्क मंथन विधि -स्पष्टीकरण विधि -पी.पी.टी. -दृश्य/श्रव्य माध्यम -अभ्यास पत्र	-छात्र चित्रों को देखकर अपनी कल्पनाशक्ति का प्रयोग करना सीख पायेंगे। -चित्रों के सूक्ष्म विवरणों पर ध्यान दे पायेंगे।	-कक्षा-कक्ष के परिवेश को देखते हुए छात्र अपनी कल्पनाशक्ति का प्रयोग करते हुए चित्र वर्णन करेंगे।

<b>क्रम संख्या</b>	<b>मास/कार्य दिवस</b>	<b>पाठ का नाम</b>	<b>शिक्षण युक्ति</b>	<b>अधिगम प्राप्ति</b>	<b>नई राष्ट्रीय नीति के अनुसार/क्रियात्मक गातिविधियाँ</b>
1.	सितंबर 11 दिवस	<b>सवाल का जवाब</b>	<p>मस्तिष्क मंथन गतिविधि</p> <p>-साक्षात्कार गतिविधि</p> <p>-समूह चर्चा-परिचर्चा</p> <p>-प्रवाह चित्र</p> <p>-कथानक वर्णन</p> <p>-व्याख्यात्मक विधि</p> <p>-उदाहरण विधि</p> <p>-प्रश्नोत्तर विधि</p> <p>-उदाहरण विधि</p> <p>-अभ्यास पत्र</p>	<p>-छात्र अपने जीवन में सही का साथ देकर जीवन को कुशल बना पाएंगे ।</p> <p>- किसी भी विषय पर सवाल-जवाब करने के प्रति रुचि उत्पन्न करना ।</p>	<p>- सुविधा-संपन्न व सुविधा-वंचित बच्चों के जीवन में अंतर को सामूहिक चर्चा द्वारा पूरा कीजिए (अमीरी-गरीबी असमानताओं पर मंथन) ।</p> <p><b><u>एस.डी.जी. गोल्स-1 शून्य गरीबी</u></b></p> <p><b><u>10 असमानता में कमी</u></b></p> <p>- कक्षा में 'कौन बनेगा करोड़पति' की तर्ज पर एक प्रतियोगिता का आयोजन करवाया जाएगा । जिसमें छात्रों से प्रश्न पूछकर उत्तर लिए जाएंगे ।</p> <p><b><u>एस.डी.जी. गोल्स-1 गरीबी का अंत</u></b></p>
		<b>2. उस रात की बात</b>	<p>-प्रवाह चित्र</p> <p>- कथानक वर्णन</p> <p>- रचनात्मक लेखन प्रक्रिया</p> <p>-स्पष्टीकरण विधि</p> <p>-प्रश्नोत्तर विधि</p> <p>-अभ्यास पत्र</p>	<p>- अतिथि देवो भव कथन से परिचित होंगे ।</p> <p>- समाज में उपेक्षित लोगों के प्रति संवेदनशील होने की प्रेरणा ले पाएंगे ।</p> <p>-छात्र जीवन में मदद के भावो</p>	<p>'मेरी पहली रात्री यात्रा' नामक विषय पर कक्षा में लघु कथा वाचन ।</p> <p><b><u>एस.डी.जी. गोल्स-4 गुणवत्ता पूर्ण शिक्षा</u></b></p> <p>विद्यालय में कार्यरत कर्मचारियों को</p>

				<p>का जीवन में क्या लाभ है, सीख पायेंगे।</p> <p>-मानवता और दयालुता के अंतर को समझ पायेंगे।</p>	<p>विद्यार्थियों द्वारा उनकी सेवाओं के प्रति धन्यवाद देने के लिए 'धन्यवाद कार्ड' बनवाये जायेंगे।</p> <p>छात्रों को उनके घर या घर के आस-पास काम करने वाले कर्मचारियों के बच्चों को उनकी शिक्षा में मदद करने के लिए प्रेरित किया जाएगा।</p> <p><a href="#">एस.डी.जी. गोल्स-1 शून्य गरीबी</a></p> <p><a href="#">10 असमानता में कमी</a></p>
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### अक्टूबर 20 दिवस

<b>क्रम संख्या</b>	<b>मास/कार्य दिवस</b>	<b>पाठ का नाम</b>	<b>शिक्षण युक्ति</b>	<b>अधिगम प्राप्ति</b>	<b>नई राष्ट्रीय नीति के अनुसार/क्रियात्मक गातिविधियाँ</b>
1.	अक्टूबर 20 दिवस	<b>पत्र</b>	<p>-प्रवाह चित्र</p> <p>- व्याख्यात्मक विधि</p> <p>-उदाहरण विधि</p> <p>-पी.पी.टी.</p> <p>-दृश्य माध्यम</p> <p>-अभ्यास पत्र</p>	<p>-छात्र पत्र के औपचारिक व अनौपचारिक स्वरूप को समझ पायेंगे।</p> <p>-छात्र पत्र लेखन करते समय किन सावधानियों को याद रखना है उन्हें याद रख पायेंगे।</p>	<p>- बड़े भाई के विवाह में शामिल होने के लिए चार दिन के अवकाश के लिए अपने प्रधानाचार्य को प्रार्थना पत्र लिखिए।</p>
2.		<b>दोहे</b>	-संत/कवि	-छात्रों के सकारात्मक दृष्टिकोण	- टी चार्ट के

		<p>परिचय -दोहा गायन -प्रवाह चित्र -सस्वर पठन -पाठन -भावार्थ - व्याख्यात्मक विधि -प्रश्नोत्तर विधि -अभ्यास पत्र</p>	<p>में वृद्धि । - भक्ति कालीन कवियों के जीवन की विशेषताओं से परिचित होंगे । - दोहों में निहितमूल्योंकेमाध्यम से समाज के प्रति अपने उत्तरदायित्व का बोध होगा। -चिंतन-मनन द्वारा जीवन कौशल के विकास हेतु प्रेरित होंगे तथा व्यावहारिक जीवन से जोड़ सकेंगे ।</p>	<p>माध्यम से मीठी वाणी के अनुकूल व कड़वी वाणी के प्रतिकूल प्रभावों को लिखवा कर भित्ति पत्रिका में संलग्न करवाया जाएगा । - कक्षा में भक्ति कालीन कवियों की वेशभूषा धरण कर के दोहा वाचन करवाया जाएगा । <a href="#">एस.डी.जी गोल्स-4 गुणवत्तापूर्ण शिक्षा</a> <a href="#">एस.डी.जी. गोल्स-16 शांति, न्याय और सशक्त संस्थाए</a></p>
3.		<p><b>साहस को सलाम</b> -मस्तिष्क मंथन गतिविधि -प्रवाह चित्र -कहानी कथन विधि - आत्मकथा वर्णन -प्रश्नोत्तर विधि</p>	<p>- छात्र खुद पर विश्वास, दृढ़-इच्छा शक्ति और लक्ष्य के प्रति समर्पण की भावना जैसे जीवन मूल्यों से प्रेरित हो सकेंगे । - कुछ दिव्यांग व्यक्तियों की विशेष उपलब्धियों के बारे में जानकारी प्राप्त कर सकेंगे ।</p>	<p>-जीवन में हार न मानने की प्रेरणा देने वाली कविताओं का कक्षा में कविता गायन। -लैंगिक असमानता होना कितना आवश्यक है ? कक्षा में चर्चा-</p>

			-पी.पी.टी. -दृश्य/श्रव्य माध्यम -अभ्यास पत्र		परिचर्चा   <u>एस.डी.जी. गोल्स- 5 लैंगिक समानता 10 असमानता में कमी</u> किसी एक दिव्यांग व्यक्ति के बारे में जानकारी एकत्रित कीजिए कि वह किस समस्या से गुज़रा और अपने जीवन में सफलता कैसे प्राप्त की?
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### नवम्बर 18 दिवस

<u>क्रम संख्या</u>	<u>मास/कार्य दिवस</u>	<u>पाठ का नाम</u>	<u>शिक्षण युक्ति</u>	<u>अधिगम प्राप्ति</u>	<u>नई राष्ट्रीय नीति के अनुसार/क्रियात्मक गतिविधियाँ</u>
1.	नवम्बर 18 दिवस	<b>अन्नदाता कृषक</b>	-प्रवाह चित्र -चर्चा परिचर्चा  -व्याख्यात्मक विधि -दृश्य/श्रव्य माध्यम -अभ्यास पत्र	-कविता पर विश्लेषण करने के बाद छात्र यह समझ सकेंगे कि किसान संघर्ष करके समाज में लोगों की भूख मिटाने के लिए अथक प्रयास करता है।  -जान पाएंगे कि भारत देश एक कृषि प्रधान देश है। -छात्र कविता की मार्मिकता को जान पाएंगे।	- खेती करते हुए या हल जोतते हुए किसान का एक सुंदर-सा पोस्टर बनाइए। -जलवायु परिवर्तन का कृषि पर क्या प्रभाव पड़ता है ए-4 शीट पर टी चार्ट के माध्यम से दर्शाइए। <u>एस.डी.जी गोल्स- 3-अच्छा स्वास्थ्य और जीवनस्तर 13-जलवायु परिवर्तन</u>
2.		<b>देशभक्त पुरू</b>	-प्रवाह चित्र -मस्तिष्क मंथन वीडियो -मीन आरेख	- छात्र उचितहाव-भाव सहित एकांकी का अभिनय कर सकेंगे। - शांति व न्याय प्रिय तथा	-बॉर्डर-2 पिक्चर को देखकर उस युद्ध से संबंधित जानकारी इकट्ठा

			<p>व्याख्यात्मक विधि</p> <ul style="list-style-type: none"> <li>-कहानी विधि</li> <li>-उदाहरण विधि</li> <li>-विवेचनात्मक विधि</li> <li>-प्रश्नोत्तर विधि</li> <li>-दृश्य/श्रव्य माध्यम</li> <li>-अभ्यास पत्र</li> </ul>	<p>लक्ष्य प्राप्ति में सामूहिक साझेदारी के दृष्टिकोण का विकास कर सकेंगे।</p> <ul style="list-style-type: none"> <li>-देश के लिए कुछ करने के लिए प्रेरित होंगे।</li> <li>-जीवन व परिस्थितियों के प्रति सकारात्मक दृष्टिकोण का विकास कर सकेंगे।</li> </ul>	<p>कर कोलाज बनवाया जाएगा।</p> <ul style="list-style-type: none"> <li>- 'युद्ध का जवाब युद्ध से या अहिंसा और शांति से' विषय पर वाद-विवाद प्रतियोगिता।</li> <li>-देशभक्ति कविता/दोहा गायन।</li> <li>-कक्षा में छात्रों (स्वतंत्रता सैनानियों) का काल्पनिक साक्षात्कार।</li> <li><a href="#">एस.डी.जी गोल्स-16 शांति, न्याय और सुदृढ संस्थान</a></li> <li><a href="#">17- लक्ष्य हेतु साझेदारी</a></li> </ul>
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### दिसंबर 23 दिवस

क्रम संख्या	मास/कार्य दिवस	पाठ का नाम	शिक्षण युक्ति	अधिगम प्राप्ति	नई राष्ट्रीय नीति के अनुसार/क्रियात्मक गतिविधियाँ
1.	दिसंबर 23 दिवस	काकी	<ul style="list-style-type: none"> <li>-प्रवाह चित्र</li> <li>-व्याख्यात्मक विधि</li> <li>-विवेचनात्मक विधि</li> <li>-प्रश्नोत्तर विधि</li> <li>-दृश्य/श्रव्य माध्यम</li> <li>-अभ्यास पत्र</li> </ul>	<ul style="list-style-type: none"> <li>-छात्र बाल-मनोवैज्ञानिक भावना को जान पाएंगे।</li> <li>-विषम परिस्थितियों में हमें दूसरों का साथ देना सीखेंगे।</li> <li>-छात्रों में माँ के प्रति लगाव व मातृ-प्रेम की भावना जागृत होगी।</li> <li>-माता-पिता के प्रति सकारात्मक दृष्टिकोण का विकास कर सकेंगे।</li> <li>-चोरी करना, असत्य</li> </ul>	<ul style="list-style-type: none"> <li>-'माँ ममता की मूरत' विषय पर माँ के महत्व व उसकी विशेषताओं पर कविता गायन करवाया जाएगा।</li> <li>-घर रंगीन पेपर की सहायता से एक सुंदर-सी पतंग का निर्माण करेंगे व पर अपनी माँ का नाम लिखकर, उसे अपने</li> </ul>

				बोलना जैसे दुर्गुणों से दूर रह सकेंगे ।	पोर्टफोलियों में लगायेंगे।  -सुरक्षित बचपन के प्रति जागरूकता फैलाने हेतु कमल आरेख का निर्माण <a href="#">एस.डी.जी गोल्स-17 लक्ष्य के लिए भागीदारी</a> <a href="#">3 उत्तम स्वास्थ्य व खुशहाली</a>
2.		<b>बाल-लीला व कुंडलियाँ</b>	-मस्तिष्क मंथन प्रश्नोत्तरी -पीपीटी -आरेख निर्माण -प्रवाह चित्र -व्याख्यात्मक विधि -स्पष्टीकरण -दृश्य/श्रव्य माध्यम -अभ्यास पत्र	-ईश्वर के प्रति आस्था का भाव रखते हुए जीवन में सकारात्मक रहेंगे। -श्रीकृष्ण जी के जीवन की घटनाओं से प्रेरणा लेकर प्राप्त मूल्यों को अपने जीवन में आत्मसात करेंगे	-सूरदास जी का परिचय देकर उनके द्वारा रचित पदों का कक्षा में गायन। -श्री कृष्ण के जीवन को आरेख के द्वारा दर्शाना।  - किसी के रंग के आधार पर भेदभाव करना उचित या अनुचित। कक्षा में चर्चा। <a href="#">एस.डी.जी. गोल्स-10 असमानता में कमी</a>
3.		<b>गणेशोत्सव</b>	-मस्तिष्क मंथन प्रश्नावली -प्रवाह चित्र -स्पष्टीकरण -प्रश्नोत्तर विधि -उदाहरण विधि -दृश्य/श्रव्य माध्यम -अभ्यास पत्र	- छात्र गणेशोत्सव के पीछे की पौराणिक कथा जान पाएंगे।  -ईश्वर के प्रति आस्था का भाव रखते हुए जीवन में सकारात्मकता की ओर अग्रसर होंगे। -जल को दूषित करने वाले कारणों का उल्लेख कर	-छात्र गणेश जी के जीवन से संबंधित अलग-अलग कथाओं को रंगीन पृष्ठों पर लिखेंगे व गणेश जी का चित्र बनाकर पोर्टफोलियो में लगायेंगे।  -5 w' s

				सकेंगे ।	<p>गतिविधि: -  When (कब)  What (क्या)  Who (कौन)  Where (कहाँ)  Whose (किसका)</p> <p>-त्योहारों में किस प्रकार जल प्रदूषण होता है? कक्षा में चर्चा कीजिए ।  <u>एस.डी.जी गोल्स-</u>  <u>13 जलवायु परिवर्तन</u>  <u>14 पानी में जीवन</u></p>
4.		<b>संवाद-लेखन</b>	-प्रवाह चित्र -स्पष्टीकरण -प्रश्नोत्तर विधि -उदाहरण विधि -दृश्य/श्रव्य माध्यम -अभ्यास पत्र	-छात्र संवाद लेखन के प्रारूप से परिचित हो पायेंगे।	-किन्हीं दो विषयों पर संवाद लेखन लिखिए।

### जनवरी 16 दिवस

<b>क्रम संख्या</b>	<b>मास/कार्य दिवस</b>	<b>पाठ का नाम</b>	<b>शिक्षण युक्ति</b>	<b>अधिगम प्राप्ति</b>	<b>नई राष्ट्रीय नीति के अनुसार/क्रियात्मक गतिविधियाँ</b>
1.	जनवरी 16 दिवस	<b>कर्मवीर</b>	-प्रवाह चित्र -सस्वर वाचन -स्पष्टीकरण -प्रश्नोत्तर विधि -उदाहरण विधि -दृश्य/श्रव्य माध्यम -अभ्यास पत्र	-छात्र आत्मविश्लेषण और जिज्ञासा का समाधान कर सकेंगे। -दृढ़ निश्चयी तथा परिश्रमी बनने के लिए प्रेरित होंगे। - विद्यार्थियों में कर्म पथ पर आगे बढ़ते हुए जीवन लक्ष्य को प्राप्त करने के भाव जागृत होंगे। -जीवन में किसी भी परिस्थिति का निडरता एवम् साहस	-किसी सेनानिवृत्त व्यक्ति का साक्षात्कार लीजिए । -कविता में आए शब्दों का व्याकरणिक परिचय पुष्प-जाल के रूप में दीजिये -‘परिश्रम व अथक प्रयास ही सफलता की कुंजी है’ विषय पर दो छात्रों के

				के साथ सामना करने के लिए प्रेरित होंगे।	बीच हुई बातचीत को संवाद रूप में लिखिए। <a href="#">एस.डी.जी गोल्स-17 लक्ष्य हेतु भागेदारी</a>
2.			<b>गद्य व पद्य की पुनरावृत्ति</b>	-पी.पी.टी. -दृश्य/श्रव्य सामाग्री -प्रश्नोत्तर विधि -मस्तिष्क मंथन विधि	-छात्र रचनात्मक लेखन का कौशल विकसित कर पायेंगे।

### फरवरी

<u>क्रम संख्या</u>	<u>मास/कार्य दिवस</u>	<u>पाठ का नाम</u>	<u>शिक्षण युक्ति</u>	<u>अधिगम प्राप्ति</u>
1.	फरवरी	<b>गद्य व पद्य की पुनरावृत्ति</b>	-पी.पी.टी. -दृश्य/श्रव्य सामाग्री -प्रश्नोत्तर विधि -मस्तिष्क मंथन विधि	-छात्र रचनात्मक लेखन का कौशल विकसित कर पायेंगे।

## मार्च (वार्षिक परीक्षा)

### ग्रीष्मावकाश (परियोजना-कार्य)

- मैं कौन हूँ? (स्लैम बुक)
- भगवान कृष्ण या भगवान गणेश से जुड़ी कोई कहानी लिखिए।
- बारह महीनों में आए हुए एक-एक विशेष दिन का रंगीन चित्र ए-4 साइज़ शीट पर बनाइए व उन विशेष दिनों के नाम भी लिखिए।
- रहीम और कबीर के व्यक्तित्व को अपने शब्दों में लिखिए।

### विषयनिर्देश: --

- लेखन कार्य स्वच्छ व आकर्षक हो।
- मूल्यांकन हेतु छात्र उपरोक्त विषयों पर कार्य पत्रिका में कार्य करेंगे।

### शरदावकाश (परियोजनाकार्य)

- काल व उसके भेद को ध्यान में रखते हुए काल की अलमारी का निर्माण कीजिए।

- पर्वतों की खोज विषय पर परियोजना रिपोर्ट तैयार करें जिसमें पर्वतों की संरचना, विशेषताएँ, उनका महत्व आदि बताया गया हो ।
- मेहनत व जोश से परिपूर्ण किसी एक कविता की रचना स्वयं करें।
- प्रतिदिन एक सुलेख लिखें ।
- ज्ञान सागर व अभ्यास सागर के प्रश्न कीजिए ।

### विषयनिर्देश: --

- लेखन कार्य स्वच्छ व आकर्षक हो।
- मूल्यांकन हेतु छात्र उपरोक्त विषयों पर कार्य पत्रिका में कार्य करेंगे।

## MATHEMATICS

The objective of teaching mathematics at this level are

1. Developing a positive attitude towards learning mathematics.
2. Performing mathematical operations and manipulations with confidence, speed and accuracy.
3. Thinking and reasoning precisely, logically and critically in any given situation.
4. Developing investigating skills in Math.
5. Comprehend, analyze, synthesize, evaluate and make generalizations to solve mathematical problems.
6. Collecting, organizing, representing, analyzing, interpreting data and making conclusions and prediction from its results
7. Developing willingness to work collaboratively.
8. Communicating Mathematical ideas.
9. Applying Mathematical knowledge & skills to familiar and unfamiliar situation

Month/ No of Days	Chapter Name	Methodology	Learning Objectives
<b>APRIL</b> (22 DAYS)	<b>1.RATIONAL NUMBER</b> <ul style="list-style-type: none"> <li>• Properties of rational numbers</li> <li>• Standard form of rational numbers</li> <li>• Absolute value of rational numbers</li> <li>• Representation of rational numbers on number line</li> <li>• Comparing irrational numbers</li> </ul>	<ul style="list-style-type: none"> <li>• Working model of number line</li> <li>• White board</li> <li>• Introduction to rational numbers and its need as an extension of fraction               <ul style="list-style-type: none"> <li>• Rational numbers can be expressed in standard form by making HCF of numerator &amp; denominator equal to 1</li> </ul> </li> <li>• Comparison of rational numbers can be done with the help of               <ol style="list-style-type: none"> <li>1. Number line</li> <li>2. Without numberline(by making their denominator same)</li> </ol> </li> </ul> <p>ACTIVITY:            Frayer’s model on definition of rational number.</p>	<p>The students will be able to</p> <ul style="list-style-type: none"> <li>• Develop mental ability, reasoning &amp; logical thinking in the field of rational numbers</li> <li>• Represent rational numbers on number line</li> <li>• Compare given rational numbers</li> <li>• Write the absolute value of rational numbers.</li> </ul> <p>Skills- Basic skills            Value- Progressive                  Recognition                  Creative skills                  Planning for others</p>

<p><b>MAY</b> ( 15 DAYS)</p>	<p><b>2. OPERATION ON RATIONAL NUMBER</b></p> <ul style="list-style-type: none"> <li>• Addition of rational numbers</li> <li>• Subtraction of rational numbers</li> <li>• Multiplication of rational numbers</li> <li>• Reciprocal of rational numbers</li> <li>• Division of rational numbers</li> </ul> <p>Rational numbers between two rational numbers</p> <p><b>3 LINEAR EQUATION IN ONE VARIABLE</b></p> <ul style="list-style-type: none"> <li>• Solution and verification of linear equation in one variable</li> <li>• Application of linear equation(word problems)</li> </ul>	<ul style="list-style-type: none"> <li>• Number line model</li> <li>• White board</li> </ul> <p>Verification of properties of rational numbers with the help of examples(Inductive method)</p> <ul style="list-style-type: none"> <li>• Operation with reference to the operations on fractions</li> </ul> <p><b>ACTIVITY:</b> Foldable on operation on rational numbers( ActivityFile)</p> <ul style="list-style-type: none"> <li>• Solution of linear equation using laws of transposition</li> <li>• To form questions based on their daily lives <ul style="list-style-type: none"> <li>a) Relation between child and his/her family member</li> <li>b) Total money in piggy bank in terms of denominations</li> <li>c).create a linear</li> </ul> </li> </ul>	<p>Students will be able to:-</p> <ul style="list-style-type: none"> <li>• Add, subtract, multiply and divide rational numbers with reference to the operations on fractions. <ul style="list-style-type: none"> <li>• Write infinite rational numbers.</li> </ul> </li> <li>• Find reciprocal of given rational number</li> <li>• Verify properties of addition,subtraction, multiplication &amp; division of rational numbers</li> </ul> <p>Students will be able to:-</p> <ul style="list-style-type: none"> <li>• Identify a linear equation and be able to solve and check such an equation.</li> <li>• To apply the knowledge in solving real life problems</li> </ul>
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		equation whose answer is your roll number.	<b>Skills:</b> practical, creative, critical , logical and problem solving
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**SUMMER BREAK**

**HOLIDAY HOMEWORK**

1. Worksheets based on chapters covered
2. Foldable on operation on rational numbers(File)
3. Mind Maps of chapters covered

<p><b>JULY</b> (25 DAYS)</p>	<p><b>4. EXPONENTS</b></p> <ul style="list-style-type: none"> <li>• Exponent of rational numbers</li> <li>• Reciprocal with positive integral exponent</li> <li>• Laws of exponents</li> <li>• Use of exponents in expressing large and small numbers</li> </ul> <p><b>5. DATA HANDLING</b></p> <ul style="list-style-type: none"> <li>• Organizing data</li> <li>• Range of data</li> <li>• Arithmetic Mean</li> <li>• Median</li> <li>• Mode</li> <li>• Drawing and interpretation of bar graph and double bar graphs</li> </ul>	<ul style="list-style-type: none"> <li>• Black board</li> <li>• Assignment from smart board</li> <li>• Arriving to generalization of laws of exponents through patterns</li> </ul> <p><b>ACTIVITY</b></p> <ol style="list-style-type: none"> <li>1. Foldable on laws of exponents(File)</li> <li>2. Mind map</li> </ol> <ul style="list-style-type: none"> <li>• Need of Mean, median and mode as the main characteristics of the data</li> <li>• Pictorial representation of data using bars of uniform width and equal spacing between them on graph paper.</li> </ul> <p><b>ACTIVITY:</b> SDG GOALS- BAR GRAPH</p>	<p>Students will be able to:-</p> <ul style="list-style-type: none"> <li>• Apply the laws of Exponents for solving practical problems</li> <li>• Handle very small and large numbers</li> <li>• Write large numbers in standard form using laws of exponents and vice-versa.</li> </ul> <p><b>Skills:</b> Basic, Creative</p> <p><b>Values:</b> Progressive Recognition</p> <p>Students will be able to:-</p> <ul style="list-style-type: none"> <li>• Establish relationship among the data and representative with the help of a bar graph, double bar graph and interpret it.</li> <li>• To understand the practical applicability and importance of statistics.</li> </ul>
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			<ul style="list-style-type: none"><li>• To understand the practical applicability and importance of statistics</li><li>• Calculate Mean, Median and Mode of the given data and utilize the knowledge in day to day life</li></ul>
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	<ul style="list-style-type: none"><li>• Sketching solid on a squared and isometric sheets</li></ul> <p>(INTERNAL ASSESSMENT)</p>		<p>Students will be able to:</p> <p>Identify geometric shapes in objects they use in their daily lives</p>
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<p><b>SEPTEMBER</b> ( 11DAYS)</p>	<p><b>Revision for Mid Term Examination</b></p>		
<p><b>OCTOBER</b> (20DAYS)</p>	<p><b>8. PERIMETER AND AREA</b></p> <ul style="list-style-type: none"> <li>• Rectangular paths</li> <li>• Paths crossing each other</li> <li>• Area of a parallelogram</li> <li>• Area of a triangle</li> <li>• Area of a rhombus</li> <li>• Circumference and area of circle</li> </ul>	<p>Whiteboard</p> <ul style="list-style-type: none"> <li>• Using concept of perimeter and area</li> <li>• Inductive method</li> </ul> <p>ACTIVITY</p> <p>Costume design using different geometrical shapes.</p>	<p>Students will be able to:-</p> <ul style="list-style-type: none"> <li>• Calculate area of parallelogram, triangle, circle, rhombus and circumference of circle</li> <li>• To apply the knowledge in solving real life problems.</li> </ul> <p>LIFE SKILL ENHANCED: Understanding mathematical fact by applying hands and working out the concept of mathematics in simple and analytical way</p>



<p><b>DECEMBER</b> (23days)</p>	<p><b>11. ALGEBRAIC EXPRESSION</b></p> <ul style="list-style-type: none"> <li>• Multiplication of monomials</li> <li>• Application of product of monomials</li> <li>• Multiplication of binomials</li> <li>• Multiplication of a binomial and a trinomial</li> <li>• H.C.F.</li> <li>• Factorization</li> </ul> <p><b>12. SYMMETRY</b> (INTERNAL ASSESSMENT)</p> <ul style="list-style-type: none"> <li>• Lines of symmetry</li> <li>• Symmetry &amp; reflection in a mirror</li> </ul> <p><b>13. CONGRUENT TRIANGLES</b></p> <ul style="list-style-type: none"> <li>• Congruence of triangles by SSS, SAS, ASA, RHS rule</li> </ul>	<p>Assignment •</p> <p>Multiplication using distributive property of multiplication</p> <p>Evaluate and verification putting values of variables</p> <ul style="list-style-type: none"> <li>• H.C.F. by taking highest common factor outside</li> <li>• Class discussion</li> </ul> <ul style="list-style-type: none"> <li>• Discussion on lines of symmetry in nature</li> <li>• English alphabets &amp; geometrical shapes</li> </ul> <ul style="list-style-type: none"> <li>• Clarification of concept from day to day life examples having exactly the same shape and size. Example: coins of the same denomination will be used.</li> </ul>	<p>The students will be able to:</p> <ul style="list-style-type: none"> <li>• Find the product of monomials, binomials and trinomials with each other and apply the knowledge in solving practical problems based on perimeter and area</li> </ul> <ul style="list-style-type: none"> <li>• Critical thinking, logical reasoning allows learners to engage with concepts &amp; deepens understanding to apply what is learned in a variety of environments. Skills- creative thinking</li> </ul> <p>Students will be able to:-</p> <ul style="list-style-type: none"> <li>• Identify congruent object</li> <li>• Check whether given triangles are congruent or not using congruence criterion</li> </ul>
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WINTER HOLIDAY HOMEWORK • Worksheet related to chapters done in the month of November and December.

**ART INTEGRATION: Any cartoon character and its line(s) of symmetry(ACTIVITY File)**

<p>JANURARY (16 DAYS)</p>	<p><b>14. CONSTRUCTION OF TRIANGLE</b></p> <ul style="list-style-type: none"> <li>• Construction using SSS,SAS,ASA and RHS criterion</li> </ul>	<ul style="list-style-type: none"> <li>• Geometrical instruments</li> <li>• Whiteboard</li> <li>• Construction of triangle from the given measures</li> </ul> <p><b>ACTIVITY</b>(congruence and construction) Paper folding and cutting method to show different congruence conditions using construction.(File)</p>	<p>Students will be able to:-</p> <ul style="list-style-type: none"> <li>• Acquire skill of construction by using ruler and compasses</li> <li>• To handle geometrical instruments with ease and proficiency and measures accurately</li> </ul>
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FEBRUARY : Revision for annual examination.

## **SUBJECT:SCIENCE**

As consistent with the stage of cognitive development, Science is being taken as a core subject in the curriculum. At this stage, it is a gradual transition from environmental studies to the elements of science. The child should be engaged in learning the principle of science through familiar experience, working with hands to design simple technological units and models and continuing to learn more about the environment and health.

Scientific concepts are to be arrived at mainly from activities, experiences, surveys, group activities, discussions with peers and teachers and organisation of data.

Science curriculum at the Middle stage intends to develop

- Scientific temper and scientific thinking.
- Understanding about the nature of scientific knowledge.
- Process skills of Science.
- Appreciation of evolution of science.
- Sensitivity towards environmental concerns.

The curriculum of class VII has been organised around, the following themes/topics  
**TERMWISE**

### **TERM -1**

**1 Nutrition in Living Organisms -Plants**

**2 Nutrition in Living Organisms- Animals**

**3 Chemical Substances and Processes**

**4 Acids, Bases and Salts**

**5. Heat**

**6 Motion and Time**

**7 Respiration in Organisms**

**10 Soil\* ( For Internal Assessment Only)**

**11 Electric Charges at rest\* ( For Internal Assessment Only)**

### **TERM -2**

**8. Transportation in Plants and Animals**

9 Reproduction in Plants

12 Light

13 Weather and climate\*( For Internal Assessment Only)

14 Fabric from fibre \* ( For Internal Assessment Only)

15 Forests

16 Water

17 Electric Current and its Effects

REPEATED TOPICS FROM TERM-1

1 Nutrition in living Organisms-Plants

3 Chemical Substances and Processes

6 Motion and Time

Month	No of Working Days	Chapter/ Topic of Unit	Methodology	Learning Outcomes
April	22	Chapter-1 Nutrition in Living Organisms-Plants	A web-chart on different modes of nutrition. observe slides of Rhizopus and bread mould (virtual lab). Discussion on Insectivorous plants Collect and paste pictures of different symbiotic relationships in scrap book.  PORTFOLIO ACTIVITY: Compose a poem on the 'Utility Of Plants'	Students will be able to: Explain different modes of nutrition. Identify different raw materials required for Photosynthesis. List the features of different insectivorous plants. Summarise the methods of nutrient replenishment in the soil.

		<p><b>Chapter-3 Chemical Substances And Processes</b></p>	<p>Flash card activity for matching symbols of ions and their charges Summarise the procedure followed for writing the chemical formula. Demonstrate different types of chemical reactions(virtual lab)</p> <p><b>PORTFOLIO ACTIVITY:</b> List any five <b>PHYSICAL</b> and <b>CHEMICAL</b> changes that you see around you.</p>	<p>Acquire knowledge of pure substances and mixtures Memorise Chemical symbols of different elements Identify cations and anions Formulate chemical formulae Differentiate between physical changes and Chemical Changes Acquire the skill of writing equations and balancing them. Categorise reactions into different types</p>
May	15	<p><b>Chapter-5 Heat</b></p>	<p>Demonstrate clinical and laboratory thermometer.</p> <p>Compare clinical and lab. Thermometer by finding their least count.</p> <p>Draw a web chart of conduction , convection and radiation.</p> <p>Draw diagram to show land breeze and sea breeze.</p>	<p>Acquire knowledge of Heat as an energy and its physical and chemical effects Analyze the comparison of clinical and laboratory Thermometers. Calculate the least count of the thermometer. Differentiate between conduction , convection and radiation and justify them with</p>

		<p>Chapter-10 Soil</p> <p>Chapter-11 Electric Charges At Rest</p>	<p><b>PORTFOLIO ACTIVITY:</b> 1)Temperature- Time graph 2)Design an activity to categorise materials as Heat Conductors or Heat Insulators</p> <p><b>Discussion :</b> Soil as a Resource Study different soil types on the map of India. <b>PORTFOLIO ACTIVITY:</b> <b>ART INTEGRATION ACTIVITY</b> Find out the main crops grown in UP, Arunachal Pradesh and Meghalaya. Compare their soil types Activity on conductors and insulators. Web chart on methods of charging. Discussion on safety precautions during lighting. <b>PORTFOLIO ACTIVITY:</b> Make a colourful presentation on <b>DIFFERENT NATURAL PHENOMENA</b></p>	<p>daily life examples. Value natural phenomena like global wind patterns, sea breeze , land breeze.</p> <p>Understand soil formation Identify the various layers of soil. Acquire knowledge of properties of soil and its composition Relate various crops to soil type</p> <p>Classify materials as conductors and insulators. Enlist the safety precautions to be taken during lighting..</p>
July	25	Chapter-2 Nutrition in	Explain the human	Compare digestive

		<p><b>Living Organisms- Animals</b></p>	<p>digestive system with the help of a diagram. To draw labelled diagram of buccal cavity, tongue, small intestine, showing villi of small intestine, digestive system of ruminants Diagram showing nutrition in Amoeba PORTFOLIO ACTIVITY: Role Play</p>	<p>system of human being and ruminants Understand the role of villi in the absorption of food. Explain the functions of different glands associated with the digestive system. Diagrammatically explain the various steps involved during nutrition in Amoeba</p>
		<p><b>Chapter-4 Acids, bases and Salts</b></p>	<p>Identify acids and bases using natural indicators using a mobile kit. Show the reaction of acids and bases on synthesize indicators. Tabulate organic acids, mineral acids, strong acids, weak acids, strong bases, weak bases Categorise salts on the basis of their properties PORTFOLIO ACTIVITY: 1)Make indicator strips of Turmeric 2)Some important salts</p>	<p>Differentiate acids and bases using natural Indicators. Understand the properties of acids and bases.</p> <p>Classify acidic, basic and neutral salts and study their properties</p>

			generally known by their common names	
August	19	Chapter-6 Motion and Time	Activity to show relative motion Numericals on Speed , distance and time . Distinguish between uniform / non-uniform motion PORTFOLIO ACTIVITY: 1.Race against Time 2.Drawing of DISTANCE-TIME GRAPHS	Differentiate between Rest and Motion; Identify types of motions Calculating Speed, distance and time Distinguish between uniform and non-uniform motion. Understand working of simple pendulum Drawing Distance-Time graphs Understanding difference between Breathing and Respiration
		Chapter-7 Respiration in Organisms	Anaerobic respiration in yeast Web chart on modes of respiration.  Diagram of respiratory system of human being Changes in chest , lungs and diaphragm during respiration Role of blood in respiration Determine pulse rate  PORTFOLIO ACTIVITY: Know your pulse rate .	Compare aerobic and anaerobic respiration  Distinguish breathing and respiration  Draw labelled respiratory system  Identify respiratory organs in organisms
September	11	MID TERM		

		EXAMINATION		
October	20	<p><b>Chapter-8</b> Transportation in plants and animals</p> <p><b>Chapter-15</b> Forests</p>	<p>Activity on transportation of water by stem and Transpiration by leaves. Web chart on components of circulatory system. Diagrammatic explanation of excretory system PORTFOLIO ACTIVITY: Research: Heart transplant/Dialysis</p> <p>Picture gallery on forest and its products</p> <p>Designing food web</p> <p>Web chart on importance of forest PORTFOLIO ACTIVITY: Design a POSTER on 'Importance of Forests'</p>	<p>Understand transportation of substances in plants Develop the concept of functioning of the heart. Summarise the process of excretion . Relate breathing rate with pulse rate</p> <p>Understand the importance of forest</p> <p>Identify the forest animals and show their interdependence on each other.</p>
November	18	<p><b>Chapter-9</b> Reproduction in Plants</p>	<p>Slides observation : Budding in Yeast Fragmentation in Spirogyra (virtual lab)</p> <p>Kitchen lab activity on vegetative propagation.</p>	<p>Appraise and Compare modes of asexual reproduction.</p> <p>Differentiate between different methods of vegetative propagation .</p>

		Chapter-12 Light	<p>Vertical section of hibiscus flower showing sexual parts of flower</p> <p>Web chart on dispersal of seeds PORTFOLIO ACTIVITY: Research of different ways of vegetative propagation Mobile kit activity to demonstrate the characteristics of images formed by plane mirrors. Study the relationship between angle of incidence and angle of reflection through activity. Ray diagrams showing types of images formed by spherical mirrors PORTFOLIO ACTIVITY: Model of Kaleidoscope/ Periscope</p>	<p>Relate the process of pollination with fertilization.</p> <p>Categorise plants on the basis of modes of seed dispersal.</p> <p>Understand the importance of plane mirrors in our daily life.</p> <p>Differentiate between regular and diffused reflection.</p> <p>Drawing Images formed by Concave and Convex mirrors</p>
December	23	Chapter-16 Water	<p>Make poster/collage related to water. Paste latest article on Greenhouse. Effect/global warming in</p>	<p>Represent the percentage of water on earth using a pie chart.</p> <p>Explain scarcity of water and its</p>

			<p>activity file. Draw pie -chart on percentage of water on earth</p> <p><b>PORTFOLIO ACTIVITY:</b> Make a powerpoint presentation on Conservation of water.</p>	<p>response. Value the importance of water management for survival.</p>
		<p><b>Chapter-17</b> <b>Electric Current and its effects</b></p>	<p>Make connections of an electric circuit. Draw circuit diagrams with the help of symbols.</p> <p>Collect samples of electric fuses. <b>PORTFOLIO ACTIVITY:</b> Make an electromagnet.</p>	<p>Draw symbols of devices used in electric circuits. Outline advantages and disadvantages of heating effects of current. Make an electromagnet and understand the factors on which its strength depends. Draw a well labelled diagram of electric bell and understand its working principle</p>
<p><b>January</b></p>	<p><b>16</b></p>	<p><b>Chapter-13</b> <b>Weather Climate and Adaptation</b></p>	<p>Newspaper cutting for studying a weather of a place. Adaptive features of animals through diagrams <b>PORTFOLIO ACTIVITY</b></p>	<p>Differentiate between weather and climate</p> <p>Correlate the features of animals with the climatic zone where they are found.</p>

		<b>Chapter-14 Fabric from fibre</b>	<b>Picture Book on Animals with adaptive features Collection of different types of natural and synthetic fibres. Flow diagram of conversion of fleece to wool. Diagrammatic explanation of life cycle of silk moth. PORTFOLIO ACTIVITY: Research on TYPES OF SILK SAREES IN INDIA.</b>	<b>Differentiate between natural and synthetic fibres.  Understand the process of formation of wool.  Draw the life cycle of silk moth.</b>
<b>February</b>	<b>23</b>		<b>REVISION FOR TERM-II</b>	
<b>March</b>	<b>22</b>		<b>TERM-II EXAMINATION S</b>	

#### **SUMMER HOLIDAY HOMEWORK:**

- 1 . Crossword Puzzle :Page 13 Q4,page 175 Q3**
- 2 . Complete the PORTFOLIO ACTIVITIES of Chapters 1,3,5,10&11**
- 3 . Worksheets of Chapters 1,3 and 5**
- 4 . Activity sheets from Chapters 10&11**

#### **WINTER HOLIDAY HOMEWORK**

- 1 .Portfolio activities of Chapters 15,,12,16&17**
- 2 . Worksheets of Chapters 8,12,15,16&17**
- 3 . Activity sheets from Chapters 13&14**



SOCIAL SCIENCE

MONTH/NO. OF DAYS	CHAPTER NO.	METHODOLOGY	LEARNING OUTCOMES
APRIL 22 DAYS	CH. 9 Medieval period	<ul style="list-style-type: none"> <li>*Flow chart showing the various sources of information.</li> <li>*Comparative study of the two different sources of information like archaeological and inscription resources.</li> </ul>	<p>Students will be able to:</p> <ul style="list-style-type: none"> <li>*Differentiate between the different sources like literary and archaeological.</li> </ul> <p>Life skill: Creative thinking</p>
	CH.1 Components of Environment	<ul style="list-style-type: none"> <li>*Explanation of spheres of the environment with the help of diagram.</li> <li>*Flow chart of physical and biological environment.</li> </ul> <p><b>(This chapter will be discussed and given as project for summer break)</b></p>	<p>Students will be able to:</p> <ul style="list-style-type: none"> <li>*Understand the difference between physical and biological environment.</li> </ul>
	CH.2 The earth and the changes on it	<ul style="list-style-type: none"> <li>*Explanation of the concept of soil erosion and formation of Delta.</li> <li>*Map of India showing the major soil types.</li> </ul>	<p>Students will be able to:</p> <ul style="list-style-type: none"> <li>*Analyse the causes of soil erosion and the importance.</li> <li>*Understand the internal and external process leads to land formation.</li> </ul>
MAY 15 DAYS	CH.18 Democracy and equality	<ul style="list-style-type: none"> <li>*Discussion of the election process citing the appointment of the class monitors as an example.</li> <li>*Comparative study of the different level of government</li> </ul>	<p>*Students will understand the new words related to Indian government like Democracy, Equality, Universal adult franchise etc.</p>
	CH. 3 The surface and interior of the earth	<ul style="list-style-type: none"> <li>*Interior of the earth and rock cycle will be explained with the help of diagram.</li> <li>*Students will draw diagram of inner core and rock cycle.</li> </ul>	<p>*Students will be able to:</p> <ul style="list-style-type: none"> <li>*Analyse the preventions we can take to save from disasters.</li> <li>*Differentiate between different layer of the inner earth such as mantle, core, and crust and different types of rocks.</li> </ul>
	CH.20 Media The mainstay of	<p>Explanation of the different type of mass media (print and</p>	

<p>JULY 25 DAYS</p>	<p>democracy</p> <p>CH. 19 Our state government</p> <p>CH. 10 The rise of small kingdom in north India</p> <p>CH. 4 Air around us</p>	<p>electronic) <b>(This chapter will be discussed and given as project for summer break)</b></p> <p>*Chapter will be explained with the help of political map of India showing states and union territories of India. * Discussion on the list co relate state with union government.</p> <p>*Map showing the kingdoms of north India *Discussion on the reasons for the rise of kingdoms in north India.</p> <p>*Explain the different layers of atmosphere. * Discussion on composition of air and important features of gases present in atmosphere.</p>	<p>Students will be able to: *Understand the different Sources of information and critically analyse the role of media in democracy.</p> <p>*Students will be able to identify the different states of India on the political map and the two houses of the Legislature.</p> <p>Students will be able to: *Analyse the reasons for the rise of small kingdoms. *Understand and respect the three major powers namely Palas, Rashtrakutas, Pratiharas.</p> <p>Students will be able to: *Identify the different layers of the atmosphere. *Analyse the changing condition in weather.</p>
<p>AUGUST 19 DAYS</p>	<p>CH 11 The rise of small kingdoms in south India</p> <p>CH. 12 Turkish invasions in north India</p>	<p>*Discussion on the rise of the different kingdoms in South India Comparative study of features of North and South India <b>(This chapter will be discussed and given in project)</b></p> <p>*Explain the frontier of Mahmud Ghazni with the help map given on book. *Discussion on different strategies of Ghori and Ghazni.</p>	<p>Students will be able to: *Understand the difference between the kingdoms of North and South India. *Compare the architecture of North and South with special reference to the temples.</p> <p>Students will be able to: *Understand the reasons for the invasions by the Turks and the route by which they entered India. *Compare the method of invasions by Ghazni and Ghori</p>







विषय - संस्कृतम्

1. संस्कृतभाषायाः स्वरूपं व्यवस्थां च अवगन्तुम् ।
2. संस्कृतभाषायाः श्लोकानाम् सस्वरवाचने समर्थाः भवेयुः।
3. विद्यार्थिनां सृजात्मकक्षमतां ज्ञातुम् ।
4. संस्कृतभाषायाम् वाक्यानि रचयेयुः।
5. संस्कृतभाषायाम् संवाद वदनाय समर्थाः।
6. संस्कृते लघुकथा,पद्यानि,गद्यानि पठित्वा वदने समर्थाः।

कार्यदिवसाः	उपविषयाः	शिक्षणविधिः	लक्षिताधिगमाः
अप्रैल (23 दिवसाः)	1. बुद्धिः एव अस्माकं बलम् उपसर्गाः अव्ययपदानि	कथा वाचनं संयोजन वियोजनम् वाक्येषु प्रयोगः	कथावबोधम् नवीनपदानां रचना वाक्य रचना

कार्यदिवसाः	उपविषयाः	शिक्षणविधिः	लक्षिताधिगमाः
मई (16 दिवसाः)	2. अभ्यासः एव परमो गुरुः  प्रत्यय क्त्वा, ल्यप् संख्या - 1-40	कथावाचनम् संयोजन - वियोजनम् वाक्येषु प्रयोगः	नवीनपदानां रचना

कार्यदिवसाः	उपविषयाः	शिक्षणविधिः	लक्षिताधिगमाः
जुलाई (26 दिवसाः)	3. उपकारकाः वृक्षाः 4. आगच्छ भोजनम् कुर्याम् उपपद विभक्तयः धातुरूपाणि	संवादवाचनम् वाक्येषु प्रयोगः गद्य वाचनं	विषयावबोधनम् संभाषणं

कार्यदिवसाः	उपविषयाः	शिक्षणविधिः	लक्षिताधिगमाः
अगस्त (21 दिवसाः)	5. सुवचनानि  सन्धिः - दीर्घ, गुण शब्दरूपाणि	श्लोकवाचनम् शब्दयोजनम् वाक्येषु प्रयोगः	भावावबोधनं नवीनपदानाम् रचना

कार्यदिवसाः	उपविषयाः	शिक्षणविधिः	लक्षिताधिगमाः
सितम्बर (23 दिवसाः)	संवाद - पूर्तिः चित्र वर्णनम् अर्धवार्षिकी परीक्षा कृते पुनः अभ्यास	रिक्तस्थानपूर्तिः वाक्य संरचना	भावाभिव्यक्तिः कल्पनाशक्तेः विकासः शब्दकोशे वृद्धिः

कार्यदिवसाः	उपविषय	शिक्षणविधिः	लक्षिताधिगमाः
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अक्टूबर (22 दिवसाः)	6. यस्य बुद्धिः तस्य बलम्  वृद्धि सन्धि गुण सन्धिः संख्या 1-50	कथावाचनम् शब्दयोजनं वाक्येषु प्रयोगः	कथावबोधनम् नवीनपदानाम् रचना
कार्यदिवसाः	उपविषयाः	शिक्षणविधिः	लक्षिताधिगमाः
नवम्बर (19 दिवसाः)	7. बुद्धिः एव उत्तमा 8. अविवेक परमापदाम् पदं प्रत्यय - तुमुन् उपपद विभक्तय	कथावाचनम् शब्दयोजनं वाक्येषु प्रयोगः	कथावबोधनम् नवीनपदानाम् रचना कथा बोधनं

कार्यदिवसाः	उपविषयाः	शिक्षणविधिः	लक्षिताधिगमाः
दिसम्बर (25 दिवसाः)	9. बुद्धिमान गोपालकः उपसर्गाः अव्ययपदानि प्रत्यय - ल्यप्	कथावाचनम् संवादवाचनम् संयोजन - वियोजनम् वाक्येषु प्रयोगः	संभाषणम् कथा वाचनम् पुनरभ्यासः

कार्यदिवसाः	उपविषयाः	शिक्षणविधिः	लक्षिताधिगमाः
जनवरी (17 दिवसाः)	10. मधुरवचनानि पत्र पूर्तिः संवाद-पूर्तिः चित्रवर्णनम् शब्दरूप	श्लोकवाचनं रिक्तस्थानपूर्तिः वाक्य संरचना	भावावबोधनम् पुनः अभ्यासः वाक्य संरचना

कार्यदिवसाः	उपविषयाः	शिक्षणविधिः	लक्षिताधिगमाः
फरवरी (23 दिवसाः)	पुनः अभ्यासः	पुनः अभ्यासः	पुनः अभ्यासः

### ग्रीष्मावकाश - गृहकार्यम्

1. प्रतिदिनं एकं सुलेखनाभ्यासं कुर्वन्तु ।
2. पञ्च प्राकृतिक चित्रम् दृष्ट्वा पञ्च वाक्यानि लिखन्तु
3. साप्ताहिक दिनानि नामानि लिखन्तु ।
4. एकदिनस्य अवकाशम् कृते औपचारिक पत्रं लिखन्तु ।
5. उपसर्गाः आधारिकृत्य पञ्च पञ्च शब्दाः लिखन्तु ।

### शीतावकाश-गृहकार्यम्

1. श्लोकानाम् सस्वरवाचनस्य अभ्यासम् कुर्वन्तु ।
2. वार्षिक परीक्षायाः कृते सम्पूर्ण पाठ्यक्रमस्य पुनराभ्यासम् कुर्वन्तु ।
3. शब्दरूपं धातुरूपं लिखित्वा अभ्यासम् कुर्वन्तु ।

## Information & Communication Technology (ICT)

### Learning Objective

The objectives of teaching Information & Communication at this level are:

1. Empower the students with the methods to create a variety of digital products using appropriate tools and applications.
2. Equip them with the techniques to save, store and manage digital resources.
3. Encourage them to develop entrepreneurial skills.
4. Develop the skills of Critical thinking, Collaborative working, Problem Solving, Creativity and Innovation in addition to enhancing their aesthetic thinking skills.
5. Assist the students to use these skills in their daily life
6. Increase their efficiency with proper use of time and energy.

Month/ No of Days	Chapter Name	Methodology	Learning Objectives
April (22 Days)	<b>Evolution of Computer</b> 1. History Of Computers 2. Generation of Computers 3. Tech Trends: Last Fifteen Years	1. Introduction to the “History Of computers “ & “Generation of Computers” through videos/group discussion 2. Questionnaires based on the new concepts  Role play activity-“Who am I?”.	<p>The students would be able to</p> <ul style="list-style-type: none"> <li>• Appreciate the Evolution of Computers</li> <li>• Differentiate between different Generations</li> <li>• Understand and appreciate Tech Trends</li> </ul> <p>This will help to develop their Public Speaking Skills</p>
May (15 days)	<b>Scratch-1</b> 1. Introduction to Creative Computing :Scratch 2. Scratch Interface and its Components 3. Working with sprite, Editing sprite 4. Resizing and creating a costume in sprite 5. Saving, sharing and resizing a project.	<p>1. Plot X-Y graph and demonstrate the concept of 2D plane and coordinates for the scratch stage.</p> <p>2. Use of Smartboard to illustrate the various parts of the Scratch window.</p> <p>3. Demonstration of the various steps to be followed to create, save, open, share a project.</p> <p>4. Hands on activities</p> <p>Activities:</p> <ul style="list-style-type: none"> <li>• Create under water scene story.</li> <li>• Construct an animated story to promote Sustainable Development Goals using Scratch.</li> </ul>	<ul style="list-style-type: none"> <li>• Appreciate scratch as a powerful tool to create stories, games and animations.</li> <li>• Appreciate the use of different blocks in Scratch software.</li> <li>• Understand and use Scratch Interface.</li> <li>• Use Scratch Editing Tools</li> </ul> <p>This would enhance the concept of Global Awareness.</p>
<b>Summer Break Holiday Homework</b>			
Prepare Game/Animation in scratch based on any of the Sustainable development Goals			

<p>July (25 days)</p>	<p><b>Scratch-II</b> Scratch programming Blocks Writing Script using Motion Blocks Animating the background</p>	<ol style="list-style-type: none"> <li>1. Illustrate the importance and the functioning of various Blocks of the Scratch window.</li> <li>2. Exhibit the various steps to be followed to create innovative and interactive projects with sound, recording etc on smart board</li> <li>3. Use the day to day examples to introduce the concept of Variables, Constants and Functions and then integrate them in programming.</li> <li>4. Activities: Create an interactive game based on “Healthy Eating Habits” using scratch. This will help to develop the Health &amp; wellness literacy. Generate beautiful patterns for the design for a fabric using scratch.</li> </ol>	<ul style="list-style-type: none"> <li>• Appreciate and understand the elementary basics of programming</li> <li>• Learn to use the different blocks</li> </ul>
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<p>August (19 days)</p>	<p><b>Basics of Internet</b> 1. World wide web 2. Web servers 3. Web browsers 4. Websites and web pages 5. URL 6. Bogs types and features 7. Social Networking</p>	<p>Introduction to new concepts of WWW, Web servers, dynamic &amp; static websites etc followed by the respective questionnaires.</p> <p>Group discussion on the uses and importance of the various new concepts.</p>	<ul style="list-style-type: none"> <li>• Understand the concept of World Wide web</li> <li>• Appreciate the concept of web Servers and its uses.</li> <li>• Understand the concept of web browsers</li> <li>• Learn the use of blogs</li> <li>• Enhance the Digital Literacy Skills</li> <li>• Develop a Sense Of Social Responsibility</li> </ul>
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<p>September (11 Days)</p>	<p>Revision</p>		
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<p>October (20 Days)</p>	<p><b>Internet And web Services</b> 1. Chat, E-mail 2. Video Conferencing 3. Social Networking 4. E-groups 5. E-Learning 6. E-Commerce 7. E-Shopping 8. E-Reservation</p>	<ol style="list-style-type: none"> <li>1. Class Discussion about the various chatting apps, emoticons, social networking sites, etc</li> <li>2. Debate on the Traditional and Modern techniques of sending messages.</li> </ol> <p>Activity: Type list of various E-shopping sites, E-reservation, E-Learning, UPI app, E- sites in open office writer etc</p>	<ul style="list-style-type: none"> <li>• Understand the various websites and web services</li> <li>• Appreciate the concept of E-learning, E-commerce, E-Shopping, E-Reservation, E-Banking etc.</li> <li>• Use Social networking site and collaborative learning and knowledge acquisition and e groups.</li> </ul> <p>This would help in enhancing the Digital Literacy Skills.</p>
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November (18 Days)	<b>Introduction to GIMP</b> Image editing Tools- Introduction GIMP-An Image editing Tool: An Introduction Understanding GIMP Window Creating a New file Opening an Existing File Saving File(.xcf and other formats) Starting with Image windows Image editing Tools	<ol style="list-style-type: none"> <li>1. Introduce the concept of Pixels, Resolutions and Bitmap by drawing a grid and filling the relevant boxes.</li> <li>2. Group discussion regarding the relevance of GIMP.</li> <li>3. Group discussions to find the similarities/ differences among features available in the various software.</li> <li>4. Use of Smartboard for the illustration of the various tools of the GIMP software.</li> </ol> <p>Activity: Create or insert a drawing edit it by resizing and cropping it.</p>	<ul style="list-style-type: none"> <li>• Appreciate GIMP as Image Editing tool</li> <li>• Learn to Create, open and save file</li> <li>• Understand GIMP window</li> <li>• Use tools Provided to tool window</li> <li>• Learn to Crop the images</li> <li>• Understand layers and its Concept</li> </ul> <p>This would help in enhancing the aesthetic thinking skills</p>
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December (23 Days)	<b>GIMP Tools</b> Painting in GIMP- Pencil and Paint brush Tool Sheer tool: Flip tool, rotate, Perspective , Blur/Sharpen, Smudge, Dodge /Burn Tool and Blend tool	<ol style="list-style-type: none"> <li>1. Group discussion regarding the various features available in any Image editing software.</li> <li>2. Illustration of the various tools of the GIMP software and their features/options on the Smartboard</li> </ol> <p>Activity: Collage making in GIMP.</p>	<ul style="list-style-type: none"> <li>• Appreciate Various tools available in GIMP</li> <li>• Use advanced tools of GIMP for Editing images. This would help to boost a sense of responsibility.</li> </ul>
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**Winter Break Holiday Homework**

- Prepare a movie to showcase the various concepts learned using Adobe Spark/Scratch.
- Prepare the cover pages (both front and rear) for your School Magazine using edited images of the various school events of past year

January (16 days)	<b>Advanced GIMP</b> <ol style="list-style-type: none"> <li>1. Operations on layers</li> <li>2. Masking- Introduction and example</li> <li>3. Filters</li> </ol>	<p>Illustration of the various tools of the GIMP software and their features/options on the Smartboard</p> <p>Activities:</p> <ul style="list-style-type: none"> <li>• Design the Annual day Invitation card using the advance features of GIMP</li> <li>• Create an innovative logo for Interschool Event using layers and filters.</li> </ul>	<ul style="list-style-type: none"> <li>• Understand the concept of layers</li> <li>• Use layer operations</li> <li>• Appreciate masking Concept</li> <li>• Learn to apply Filters</li> </ul> <p>This will help to enhance the creativity and innovation skills.</p>
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February	Revision
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## MUSIC (VOCAL)

- Every class will begin with the chanting of (OM), ‘Gayatri Mantra’

Month/No.of days	Activity Name	Methodology	Learning Outcomes
<u>April 22 Days</u>	<ul style="list-style-type: none"> <li>• Vandema tram and new prayer.</li> </ul>	<ul style="list-style-type: none"> <li>• Sing the seven notes individually</li> </ul>	<ul style="list-style-type: none"> <li>• Develop “SWAR” sense</li> </ul>
<u>May 15 Days</u>	<ul style="list-style-type: none"> <li>• Alankar( basic 1-4 )</li> <li>• Draw the picture of Tanpura.</li> </ul>	<ul style="list-style-type: none"> <li>• Discuss about the origin of Tanpura .</li> <li>• Group singing</li> </ul>	<ul style="list-style-type: none"> <li>• To develop awareness towards the music and instruments.</li> </ul>
<u>July 25 Days</u> <u>August 19 Days</u>	<ul style="list-style-type: none"> <li>• Patriotic song</li> <li>• Community singing.</li> <li>• Alankar.</li> </ul>	<ul style="list-style-type: none"> <li>• Children will learn the song and sing individual.</li> <li>• They will sing the community songs.</li> <li>• They will sing different (SA RE GA MA).</li> </ul>	<ul style="list-style-type: none"> <li>• To develop singing skills</li> <li>• To be able to appreciate when others are singing.</li> <li>• They will sing different (SA RE GA MA).</li> </ul>
<u>SEPT 11 Days</u> <u>OCT 20 Days</u>	<ul style="list-style-type: none"> <li>• Discussions about different sounds of</li> </ul>	<ul style="list-style-type: none"> <li>• Children will listen to the sounds of each living organism and the teacher will tell them how</li> </ul>	<ul style="list-style-type: none"> <li>• To develop rhythm sense .</li> <li>• To develop raag sense.</li> </ul>

	<p>nature.</p> <ul style="list-style-type: none"> <li>● Knowledge of different taals.</li> </ul>	<p>it is actually a note by itself.</p> <ul style="list-style-type: none"> <li>● The song will be taught.</li> </ul>	
<p><u>NOV 18 Days</u> <u>DEC 23 Days</u></p>	<ul style="list-style-type: none"> <li>● Preparations of various competitions and functions.</li> <li>● Discussion about thaata system.</li> </ul>	<ul style="list-style-type: none"> <li>● Children will learn specific song to be performed will learn difference in thaata.</li> </ul>	<ul style="list-style-type: none"> <li>● Develop swara Raag sense.</li> <li>● To develop interest to participate in school function.</li> <li>● To develop innovation.</li> </ul>
<p><u>JAN 16 Days</u> <u>FEB- revision for annual examination</u></p>	<ul style="list-style-type: none"> <li>● Discussions on famous musicians</li> </ul>	<ul style="list-style-type: none"> <li>● Children will bring picture of musicians and discuss about their contribution towards music.</li> <li>● Finally they will paste the pictures on the chart papers.</li> </ul>	<ul style="list-style-type: none"> <li>● To develop creativity.</li> <li>● Inter-personal relations.</li> <li>● Able to work in groups.</li> </ul>



**Subject – Dance**  
**Class – VII**

<b><i>Theme/Content</i></b>	<b><i>Methodology/Activity</i></b>	<b><i>Learning Outcome</i></b>	<b><i>Days</i></b>
<b><u>April</u></b> 1. Bhumi Pranam 2. Discussion of Indian Classical Dance	1. Each step will be taught individually with the With the help of graceful steps and movements 2. Students will learn and try to perform	Importance of Dancing Skills	22
<b><u>May</u></b> 1. Classical Dance:- Hand Movements -Advance Level	1. Children will be taught step by step individually . 2. Students will be taught about the different Mudras . Activity - Students will PERFORM individually the same .	Will improve awareness towards Dance	15
<b><u>July</u></b> 1. Patriotic Dance	1. The meaning of the song will be explained by the teacher to improve the feel and enhance the quality of dance . 2. Students will then try and perform the same .	Feeling of Patriotism	25
<b><u>August</u></b> 1. Patriotic Dance	1. Children will also be taught in group to develop coordination among themselves 2. Discussion of freedom fighters	Feeling of Patriotism	19



<p><b><u>September</u></b></p> <ol style="list-style-type: none"> <li>1. Knowledge about Folk Dance</li> <li>2. <i>5 Basic steps of folk Dance and Classical Dance</i></li> </ol>	<ol style="list-style-type: none"> <li>1. Students will be told about different styles Folk Dances/Classical Dances of India and related costumes 5 basic steps will also be taught to the teacher</li> <li>2. Discussion of Folk Dance/ Classical Dance</li> </ol> <p>Activity – Students will be asked to speak / write about different states , costumes etc .</p>	<p>Knowledge of the rich cultural heritage of India</p>	<p>11</p>
<p><b>October</b></p> <ol style="list-style-type: none"> <li>1. Basic Folk Dance Steps</li> <li>2. Rhythm aspect of different folk dances of India .</li> </ol>	<ol style="list-style-type: none"> <li>1. Every student will be taught different Folk Dance Steps .</li> <li>2. Discussion on different Folk dance Movements of different states . Students will practice individually as well as in group .</li> </ol>	<p>Enhancement of dancing skills and developed stage presentation.</p>	<p>20</p>
<p><b><u>November</u></b></p> <ol style="list-style-type: none"> <li>1. Shloka Dance</li> <li>2. <i>Knowledge of Shloka Meaning</i></li> </ol>	<ol style="list-style-type: none"> <li>1. Students will learn Shloka and the Meaning and also by heart the same . They will also be taught appropriate based on the meaning of Shloka ‘s.</li> <li>2. Teaching Usage of Different Shloka’s Meaning</li> </ol>	<p>Students will be able to recite and explain the Meaning of Shloka as well as will be able to perform on the same.</p>	<p>18</p>
<p><b><u>December</u></b></p> <ol style="list-style-type: none"> <li>1. Classical Dance ‘Basic Tukra’</li> <li>2. Knowledge about Mudra</li> </ol>	<ol style="list-style-type: none"> <li>1. Teaching will be done using different Mudras</li> <li>2. Students will practice individually as well as in Group .</li> </ol>	<p>Enhanced Dancing Skills</p>	<p>23</p>
<p><b><u>January</u></b></p> <ol style="list-style-type: none"> <li>1. Patriotic Dance</li> <li>2. Knowledge of famous freedom fighters name and work .</li> </ol>	<ol style="list-style-type: none"> <li>1. One by one steps will be taught with the meaningful movements according to the song .</li> <li>2. Discussion of freedom fighters</li> </ol>	<p>To develop the acting skills and expressions.</p>	<p>16</p>



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# SPORTS

## SARLA CHOPRA DAV PUBLIC SCHOOL, NOIDA SPORTS & GAMES CURRICULUM

S.NO.	CLASS	MONTHS				
		APRIL & MAY	JULY & AUGUST	SEPTEMBER & OCTOBER	NOVEMBER & DECEMBER	JANUARY & FEBRUARY
1	VI	FOOTBALL	INDOOR	FOOTBALL	YOGA	VOLLEYBALL
2	VII	BASKETBALL	FOOTBALL	INDOOR	FOOTBALL	YOGA
3	VIII	VOLLEYBALL	BASKETBALL	FOOTBALL	INDOOR	FOOTBALL
4	IX	YOGA	VOLLEYBALL	BASKETBALL	FOOTBALL	INDOOR
5	X	FOOTBALL	YOGA	VOLLEYBALL	BASKETBALL	FOOTBALL
6	XI	INDOOR	FOOTBALL	YOGA	VOLLEYBALL	BASKETBALL

**SARLA CHOPRA DAV PUBLIC SCHOOL, NOIDA**  
**SPORTS & GAMES CURRICULUM**

**CLASS:**

**TENTATIVE MONTH:**

**GAME: FOOTBALL**

- 6 Weeks
- 2 Periods per Week
- 1 Period = Physical Fitness (Warm-up + Fitness Training + Cool Down)
- 1 Period = Skill Based (Skills Taught + Drills)
- All major basketball fundamentals covered within FIRST MONTH (Week 1-4)
- Week 5-6 = Reinforcement + Game Application + Assessment

S.NO.	WEEK	PERIODS	PERIODS
<b>1</b>	<b>WEEK - 1</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Develop basic endurance, coordination and prepare body for basketball movements.</b></p> <p><b>Warm-Up</b></p> <ul style="list-style-type: none"> <li>•Light Jog – 2 rounds</li> <li>•Dynamic Stretching (arms, hips, ankles)</li> <li>•High Knees – 30 sec</li> <li>•Butt Kicks – 30 sec</li> </ul> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Jumping Jacks – 2 × 25</li> <li>•Bodyweight Squats – 2 × 15</li> <li>•Plank – 20 sec × 3</li> <li>•Short Sprint – 20 m × 4</li> </ul> <p><b>Cool Down</b></p> <ul style="list-style-type: none"> <li>•Slow Walk</li> <li>•Hamstring + Calf Stretch</li> <li>•Deep Breathing</li> </ul>	<p><b>Objective: Introduce ball control and basic dribbling</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Ball familiarization</li> <li>•Basic dribbling</li> <li>•Ball stopping (First touch)</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Straight Cone Dribbling</li> <li>•Inside Foot Ball Control</li> <li>•Sole Stop Practice</li> <li>•Dribble and Stop on Signal</li> <li>•Ball Tap Control Drill</li> </ul>
<b>2</b>	<b>WEEK - 2</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Improve speed, agility and balance</b></p> <p><b>Warm Up</b></p> <ul style="list-style-type: none"> <li>•Jog + Direction Change Running</li> <li>•Dynamic Lunges</li> </ul> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Zig-Zag Cone Run – 5 Rounds</li> <li>•Skipping – 2 × 1 min</li> <li>•Push Ups – 3 × 10</li> <li>•Side Plank – 2 × 20 sec</li> </ul> <p><b>Cool Down</b></p> <ul style="list-style-type: none"> <li>•Walking + Stretching</li> </ul>	<p><b>Objective: Develop passing accuracy and receiving control</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Short Passing (Inside Foot)</li> <li>•Receiving Ball</li> <li>•Basic Long Pass Introduction</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Partner Passing (Short Distance)</li> <li>•Triangle Passing Drill</li> <li>•Pass and Follow Drill</li> <li>•Wall Pass Practice</li> <li>•First Touch Direction Drill</li> </ul>
<b>3</b>	<b>WEEK - 3</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Build strength and endurance</b></p> <p><b>Warm Up</b></p> <ul style="list-style-type: none"> <li>•Jog + Mobility Drills</li> <li>•Side Shuffle Run</li> </ul> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Interval Running – 6 Rounds</li> <li>•Walking Lunges – 2 × 20 Steps</li> <li>•Mountain Climbers – 3 × 25 sec</li> <li>•Line Jumps – 3 × 15</li> </ul> <p><b>Cool Down</b></p> <ul style="list-style-type: none"> <li>•Static Stretching</li> </ul>	<p><b>Objective: Develop shooting technique and attacking basics</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Shooting with Laces</li> <li>•Dribble and Shoot</li> <li>•Basic Attacking Movement</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Stationary Shooting Practice</li> <li>•Pass and Shoot Drill</li> <li>•Dribble and Shoot Drill</li> <li>•Small Goal Finishing</li> <li>•Target Shooting Corners</li> </ul>
<b>4</b>	<b>WEEK - 4</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>

		<p><b>Objective: Improve reaction speed and match fitness</b></p> <p><b>Warm Up</b></p> <ul style="list-style-type: none"> <li>•Jog + Reaction Run</li> </ul> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Relay Sprint Race – 6 Rounds</li> <li>•Agility T Drill – 4 Rounds</li> <li>•Burpees – 3 × 12</li> <li>•Core Circuit (Plank + Sit Ups)</li> </ul> <p><b>Cool Down</b></p> <ul style="list-style-type: none"> <li>•Walking + Stretching</li> </ul>	<p><b>Objective: Introduce basic defending and game play</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Basic Tackling</li> <li>•Shielding Ball</li> <li>•Basic Position Awareness</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•1 vs 1 Defending</li> <li>•Shield and Turn Drill</li> <li>•Passing Under Pressure</li> <li>•4 vs 4 Small Game</li> </ul>
<b>5</b>	<b>WEEK - 5</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Improve football match endurance</b></p> <ul style="list-style-type: none"> <li>•Continuous Run – 5–6 min</li> <li>•Agility Shuttle Run</li> <li>•Jump Squats – 2 × 12</li> <li>•Core Plank Hold</li> </ul>	<p><b>Objective: Combine multiple football skills</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Dribble + Pass Combination</li> <li>•Passing in Movement</li> <li>•Attack Build Up Basics</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•3 Player Passing Movement Drill</li> <li>•Overlap Running Drill</li> <li>•Through Pass Practice</li> <li>•Possession Game (Keep Ball)</li> </ul>
<b>6</b>	<b>WEEK - 6</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Maintain fitness and improve flexibility</b></p> <ul style="list-style-type: none"> <li>•Interval Running</li> <li>•Mobility Exercises</li> <li>•Light Plyometric Jumps</li> </ul>	<p><b>Objective: Apply skills in real match situations</b></p> <p><b>Activities</b></p> <ul style="list-style-type: none"> <li>•5 vs 5 Match</li> <li>•Position Rotation Play</li> <li>•Limited Touch Game</li> <li>•Match Situation Decision Making</li> </ul>

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S.NO.	WEEK	PERIODS	PERIODS
<b>1</b>	<b>WEEK - 1</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Develop basic stamina, coordination and mobility</b></p> <p><b>Warm Up</b></p> <ul style="list-style-type: none"> <li>•Light Jog – 2 Rounds</li> <li>•Dynamic Stretching (Ankle, Knee, Hip)</li> <li>•High Knees – 2 × 20 m</li> <li>•Butt Kicks – 2 × 20 m</li> </ul> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Shuttle Run – 5 Rounds</li> <li>•Bodyweight Squats – 2 × 15</li> <li>•Plank Hold – 3 × 25 sec</li> <li>•Short Sprint – 4 × 20 m</li> </ul> <p><b>Cool Down</b></p> <ul style="list-style-type: none"> <li>•Walking</li> <li>•Hamstring + Calf Stretch</li> <li>•Deep Breathing</li> </ul>	<p><b>Objective: Ball familiarity &amp; basic control</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Basic rules</li> <li>•Ready stance</li> <li>•Stationary dribbling</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Ball Tapping Drill</li> <li>•Stationary Right / Left Dribble</li> <li>•Walking Dribble</li> <li>•Figure 8 Dribble (No Bounce)</li> <li>•Around Waist / Around Legs Ball Rotation</li> <li>•Knee Level Low Control Dribble</li> <li>•Mirror Dribble (Partner Copy Movement)</li> </ul>
<b>2</b>	<b>WEEK - 2</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Improve speed, agility and lower body strength.</b></p> <p><b>Warm-Up</b></p> <p>Jog + Dynamic Stretch</p> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Shuttle Runs – 5 × 20 m</li> <li>•Side Shuffles – 3 × 20 sec</li> <li>•Skipping – 1 min × 2</li> <li>•Standing Long Jump – 6 reps</li> </ul> <p><b>Cool Down</b></p> <p>Stretching + Breathing</p>	<p><b>Objective: Dribbling while moving &amp; direction change</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Low dribble</li> <li>•Speed dribble</li> <li>•Direction change</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Cone Zig-Zag Dribble</li> <li>•Stop &amp; Go Dribble</li> <li>•Relay Dribble Race</li> <li>•Basic Crossover Dribble</li> <li>•Speed Dribble Full Court</li> <li>•Dribble &amp; Pivot Drill</li> <li>•Box Dribble Drill (4 Cones Square Movement)</li> </ul>
<b>3</b>	<b>WEEK - 3</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Build core strength, balance and explosive movement.</b></p> <p><b>Warm-Up</b></p> <p>Jog + Mobility Drills</p> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Lunges – 2 × 12</li> <li>•Push-ups – 8-10</li> <li>•Plank Shoulder Tap – 20 reps</li> <li>•Sprint Start – 5 reps</li> </ul> <p><b>Cool Down</b></p> <p>Static Stretching</p>	<p><b>Objective: Passing accuracy &amp; teamwork</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Chest pass</li> <li>•Bounce pass</li> <li>•Overhead pass</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Partner Passing</li> <li>•Triangle Passing</li> <li>•Pass &amp; Move Drill</li> <li>•Pass &amp; Follow Your Pass Drill</li> <li>•Moving Chest Pass Drill</li> <li>•Wall Passing Target Drill</li> <li>•Keep Away Passing Game (3 vs 1)</li> </ul>

4	WEEK - 4	1st PERIOD: PHYSICAL FITNESS / SPORTS	2nd PERIOD: GAME SKILL
		<p><b>Objective: Improve jumping power, coordination and basketball-specific fitness.</b></p> <p><b>Warm-Up</b> Dynamic Running Drills</p> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Vertical Jumps – 10 reps</li> <li>•Skater Jumps – 12 reps</li> <li>•Cone Footwork Drills</li> <li>•Core Crunches – 20 reps</li> </ul> <p><b>Cool Down</b> Stretch + Breathing</p>	<p><b>Objective: Shooting technique &amp; finishing</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Shooting Concept</li> <li>•Set Shot</li> <li>•Lay-up</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Form Shooting Close Range</li> <li>•Wall Shooting Practice</li> <li>•Lay-up Line Drill</li> <li>•Mikan Drill (Lay-up Control)</li> <li>•Spot Shooting (5 Spots Close Range)</li> <li>•Catch &amp; Shoot Drill</li> <li>•1 Dribble Lay-up Drill</li> </ul>
5	WEEK - 5	1st PERIOD: PHYSICAL FITNESS / SPORTS	2nd PERIOD: GAME SKILL
		<p><b>Objective: Improve match endurance and recovery ability.</b></p> <ul style="list-style-type: none"> <li>•Continuous Run – 5 min</li> <li>•Agility Shuttle</li> <li>•Jump Squats – 2 x 12</li> <li>•Plank Hold</li> </ul>	<p><b>Objective: Combine skills + introduce defense</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Skill combination</li> <li>•Basic defense stance</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•1 vs 1 Attack &amp; Defend</li> <li>•Fast Break Basic Drill</li> <li>•Dribble → Pass → Cut → Receive Drill</li> <li>•Close Out Defense Drill</li> <li>•Shadow Defense Movement Drill</li> <li>•3 Player Weave (Basic Fast Break)</li> </ul>
6	WEEK - 6	1st PERIOD: PHYSICAL FITNESS / SPORTS	2nd PERIOD: GAME SKILL
		<p><b>Objective: Maintain fitness level and improve flexibility &amp; recovery.</b></p> <ul style="list-style-type: none"> <li>•Interval Running</li> <li>•Mobility &amp; Flexibility</li> <li>•Light Plyometric Jumps</li> </ul>	<p><b>Objective: Game application &amp; decision making</b></p> <p><b>Drills / Activities</b></p> <ul style="list-style-type: none"> <li>•3 vs 3 Game</li> <li>•5 vs 5 Game</li> <li>•Position Rotation Play</li> <li>•No Dribble Game (Passing Only)</li> <li>•Limited Dribble Game (2 Dribble Max)</li> <li>•Last Minute Pressure Game Situation</li> </ul>

**SARLA CHOPRA DAV PUBLIC SCHOOL, NOIDA**  
**SPORTS & GAMES CURRICULUM**

**CLASS:**

**TENTATIVE MONTH:**

**GAME: VOLLEYBALL**

- 6 Weeks
- 2 Periods per Week
- 1 Period = Physical Fitness (Warm-up + Fitness Training + Cool Down)
- 1 Period = Skill Based (Skills Taught + Drills)
- All major basketball fundamentals covered within FIRST MONTH (Week 1–4)
- Week 5–6 = Reinforcement + Game Application + Assessment

S.NO.	WEEK	PERIODS	PERIODS
<b>1</b>	<b>WEEK - 1</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Develop basic stamina, coordination and lower body strength</b></p> <p><b>Warm Up</b></p> <ul style="list-style-type: none"> <li>•Light Jog – 2 Rounds</li> <li>•Arm Rotation + Shoulder Mobility</li> <li>•High Knees – 2 × 20 m</li> <li>•Side Shuffle – 2 × 20 m</li> </ul> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Jumping Jacks – 2 × 25</li> <li>•Bodyweight Squats – 2 × 15</li> <li>•Plank Hold – 3 × 25 sec</li> <li>•Short Sprint – 4 × 20 m</li> </ul> <p><b>Cool Down</b></p> <ul style="list-style-type: none"> <li>•Walking</li> <li>•Shoulder + Hamstring Stretch</li> <li>•Deep Breathing</li> </ul>	<p><b>Objective: Introduce basic volleyball skills and ball control</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Ready position</li> <li>•Ball familiarization</li> <li>•Basic underhand pass (Forearm pass)</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Self toss and catch</li> <li>•Forearm pass wall practice</li> <li>•Partner underhand pass</li> <li>•Ball control tap drill</li> <li>•Ready position movement drill</li> </ul>
<b>2</b>	<b>WEEK - 2</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Improve agility, balance and reaction speed</b></p> <p><b>Warm Up</b></p> <ul style="list-style-type: none"> <li>•Jog + Direction Change Run</li> <li>•Dynamic Lunges</li> </ul> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Zig-Zag Cone Run – 5 Rounds</li> <li>•Skipping – 2 × 1 min</li> <li>•Push Ups – 3 × 10</li> <li>•Side Plank – 2 × 20 sec</li> </ul> <p><b>Cool Down</b></p> <ul style="list-style-type: none"> <li>•Walking + Stretching</li> </ul>	<p><b>Objective: Develop setting technique and ball control</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Basic overhead set</li> <li>•Ball positioning</li> <li>•Footwork for setting</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Self set practice</li> <li>•Wall set drill</li> <li>•Partner set drill</li> <li>•Set and move drill</li> <li>•Continuous set circle drill</li> </ul>
<b>3</b>	<b>WEEK - 3</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Build strength and jumping ability</b></p> <p><b>Warm Up</b></p> <ul style="list-style-type: none"> <li>•Jog + Mobility Drills</li> <li>•Skipping</li> </ul> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Walking Lunges – 2 × 20 Steps</li> <li>•Vertical Jumps – 3 × 10</li> <li>•Mountain Climbers – 3 × 25 sec</li> <li>•Line Jumps – 3 × 15</li> </ul> <p><b>Cool Down</b></p> <ul style="list-style-type: none"> <li>•Static Stretching</li> </ul>	<p><b>Objective: Introduce serving fundamentals</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Underarm serve</li> <li>•Basic overarm serve introduction</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Serve to target zones</li> <li>•Wall serving practice</li> <li>•Partner serve receive practice</li> <li>•Serve and collect drill</li> <li>•Accuracy serving challenge</li> </ul>
<b>4</b>	<b>WEEK - 4</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>

		<p><b>Objective: Improve match fitness and explosive movement</b></p> <p><b>Warm Up</b></p> <ul style="list-style-type: none"> <li>•Jog + Reaction Movement</li> </ul> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Relay Sprint – 6 Rounds</li> <li>•Agility T Drill – 4 Rounds</li> <li>•Burpees – 3 × 12</li> <li>•Core Circuit (Plank + Sit Ups)</li> </ul> <p><b>Cool Down</b></p> <ul style="list-style-type: none"> <li>•Walking + Stretching</li> </ul>	<p><b>Objective: Introduce attack and basic blocking movement</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Spike approach steps (without jump first)</li> <li>•Basic blocking footwork</li> <li>•Attack timing introduction</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Approach step practice</li> <li>•Toss and hit (soft spike)</li> <li>•Block jump at net simulation</li> <li>•Hit and recover drill</li> <li>•3 touch rally drill</li> </ul>
<b>5</b>	<b>WEEK - 5</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p>Objective: Improve match endurance</p> <ul style="list-style-type: none"> <li>•Continuous Run – 5–6 min</li> <li>•Agility Shuttle Run</li> <li>•Jump Squats – 2 × 12</li> <li>•Core Plank Hold</li> </ul>	<p><b>Objective: Combine multiple volleyball skills</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Pass → Set → Hit sequence</li> <li>•Court communication basics</li> <li>•Rotation introduction</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•3 Player Pass Set Hit Drill</li> <li>•Free Ball Attack Drill</li> <li>•Rotation Movement Practice</li> <li>•Mini Rally Practice</li> </ul>
<b>6</b>	<b>WEEK - 6</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Maintain fitness and flexibility</b></p> <ul style="list-style-type: none"> <li>•Interval Running</li> <li>•Mobility Exercises</li> <li>•Light Plyometric Jumps</li> </ul>	<p><b>Objective: Apply skills in game situations</b></p> <p><b>Activities</b></p> <ul style="list-style-type: none"> <li>•4 vs 4 Mini Match</li> <li>•6 vs 6 Basic Match</li> <li>•Rotation Practice Game</li> <li>•Serve Receive Game</li> </ul>

**SARLA CHOPRA DAV PUBLIC SCHOOL, NOIDA**  
**SPORTS & GAMES CURRICULUM**

**CLASS:**

**GAME: YOGA**

**TENTATIVE MONTH:**

- 6 Weeks
- 2 Periods per Week
- 1 Period = Physical Fitness (Warm-up + Fitness Training + Cool Down)
- 1 Period = Skill Based (Skills Taught + Drills)

S.NO.	WEEK	PERIODS	PERIODS
<b>1</b>	<b>WEEK - 1</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Develop basic body flexibility and mobility</b></p> <p><b>Warm Up</b></p> <ul style="list-style-type: none"> <li>•Spot jogging – 2 min</li> <li>•Neck rotation</li> <li>•Shoulder rotation</li> <li>•Hip rotation</li> <li>•Ankle rotation</li> </ul> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Dynamic stretching</li> <li>•Core activation (Plank hold)</li> <li>•Balance drills – Single leg stand</li> <li>•Basic breathing awareness</li> </ul> <p><b>Cool Down</b></p> <ul style="list-style-type: none"> <li>•Deep breathing</li> <li>•Light stretching</li> </ul>	<p><b>Objective: Develop basic yoga foundation and posture awareness</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Tadasana</li> <li>•Vrikshasana</li> <li>•Padmasana</li> <li>•Vajrasana</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Balance hold challenge</li> <li>•Breathing with posture hold</li> <li>•Mirror posture correction practice</li> </ul>
<b>2</b>	<b>WEEK - 2</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Improve flexibility and core strength</b></p> <p><b>Warm Up</b></p> <ul style="list-style-type: none"> <li>•Light jogging</li> <li>•Dynamic stretching</li> </ul> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Surya Namaskar (slow learning phase)</li> <li>•Core strengthening (Leg raises, plank variations)</li> </ul> <p><b>Cool Down</b></p> <ul style="list-style-type: none"> <li>•Guided breathing</li> </ul>	<p><b>Objective: Learn standing asanas</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Trikonasana</li> <li>•Ardha Chakrasana</li> <li>•Hastapadasana</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Alignment correction drill</li> <li>•Partner observation drill</li> <li>•Hold timing challenge</li> </ul>
<b>3</b>	<b>WEEK - 3</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Improve stamina and flexibility</b></p> <p><b>Warm Up</b></p> <ul style="list-style-type: none"> <li>•Surya Namaskar – 4 rounds</li> </ul> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Core circuit training</li> <li>•Balance and coordination drills</li> </ul> <p><b>Cool Down</b></p> <ul style="list-style-type: none"> <li>•Basic Anulom Vilom practice</li> </ul>	<p><b>Objective: Learn sitting and forward bending asanas</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Paschimottanasana</li> <li>•Baddha Konasana</li> <li>•Janu Shirshasana</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Gradual stretch hold</li> <li>•Breath synchronization practice</li> </ul>
<b>4</b>	<b>WEEK - 4</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>

		<p><b>Objective: Improve body control and breathing coordination</b></p> <p><b>Warm Up</b></p> <ul style="list-style-type: none"> <li>•Dynamic mobility exercises</li> </ul> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Surya Namaskar – 6 rounds</li> <li>•Static core holds</li> </ul> <p><b>Cool Down</b></p> <ul style="list-style-type: none"> <li>•Deep relaxation breathing</li> </ul>	<p><b>Objective: Learn prone position asanas</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Bhujangasana</li> <li>•Shalabhasana</li> <li>•Dhanurasana</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Progressive lift practice</li> <li>•Partner feedback drill</li> </ul>
<b>5</b>	<b>WEEK - 5</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Improve endurance and posture stability</b></p> <p><b>Warm Up</b></p> <ul style="list-style-type: none"> <li>•Surya Namaskar – 6–8 rounds</li> </ul> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Full body stretching flow</li> <li>•Balance endurance holds</li> </ul> <p><b>Cool Down</b></p> <ul style="list-style-type: none"> <li>•Guided meditation basics</li> </ul>	<p><b>Objective: Learn supine position asanas</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Pavanmuktasana</li> <li>•Setu Bandhasana</li> <li>•Uttanpadasana</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Controlled movement drill</li> <li>•Breathing coordination drill</li> </ul>
<b>6</b>	<b>WEEK - 6</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Objective: Integrate overall fitness and yoga flow</b></p> <p><b>Warm Up</b></p> <ul style="list-style-type: none"> <li>•Mobility + Surya Namaskar</li> </ul> <p><b>Fitness Training</b></p> <ul style="list-style-type: none"> <li>•Yoga flow sequence</li> <li>•Core and balance combination</li> </ul> <p><b>Cool Down</b></p> <ul style="list-style-type: none"> <li>•Deep relaxation (Shavasana)</li> </ul>	<p><b>Objective: Perform yoga sequence and learn relaxation control</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Full Surya Namaskar sequence</li> <li>•Shavasana</li> <li>•Basic Pranayama (Anulom Vilom, Bhramari – Introduction)</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Sequence performance practice</li> <li>•Group synchronization drill</li> <li>•Relaxation timing control</li> </ul>

**SARLA CHOPRA DAV PUBLIC SCHOOL, NOIDA**  
**SPORTS & GAMES CURRICULUM**

**CLASS:**

**TENTATIVE MONTH:**

**GAME: INDOOR GAMES (CHESS / CARROM / TABLE TENNIS)**

- 6 Weeks
- 2 Periods per Week
- Periods will rotate between Chess, Carrom, and Table Tennis
- Focus on Rules + Skills + Practice + Fun Competition

S.NO.	WEEK	PERIODS	PERIODS
1	WEEK - 1	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Period 1 – Chess</b></p> <p><b>Objective: Understand board setup and piece movement</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>• Board setup</li> <li>• Names of pieces</li> <li>• Movement of each piece</li> <li>• Basic rules</li> </ul> <p><b>Activities / Drills</b></p> <ul style="list-style-type: none"> <li>• Piece movement practice</li> <li>• Mini board quiz</li> <li>• Pawn race game</li> </ul>	<p><b>Period 2 – Table Tennis</b></p> <p><b>Objective: Learn basic grip and ready position</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>• Shakehand grip</li> <li>• Ready stance</li> <li>• Ball bounce control</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>• Ball bouncing on racket</li> <li>• Partner soft rally</li> <li>• Wall practice</li> </ul>
2	WEEK - 2	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Period 1 – Carrom</b></p> <p><b>Objective: Learn striker control and basic rules</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>• Striker holding</li> <li>• Straight shot</li> <li>• Basic rules (foul, queen cover)</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>• Coin targeting drill</li> <li>• Straight pocket practice</li> </ul>	<p><b>Period 2 – Chess</b></p> <p><b>Objective: Learn basic game start and simple tactics</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>• Opening principles</li> <li>• Check and Checkmate concept</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>• Mate in one puzzles</li> <li>• Mini chess matches</li> </ul>
3	WEEK - 3	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Period 1 – Table Tennis</b></p> <p><b>Objective: Improve ball control and rally consistency</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>• Forehand push</li> <li>• Backhand push</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>• Push rally practice</li> <li>• Target zone hitting</li> </ul>	<p><b>Period 2 – Carrom</b></p> <p><b>Objective: Improve pocketing accuracy</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>• Angle shots basic</li> <li>• Queen covering concept</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>• Corner pocket practice</li> <li>• Controlled striker power drill</li> </ul>
4	WEEK - 4	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>

		<p><b>Period 1 – Chess</b></p> <p><b>Objective: Improve decision making</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Basic strategy (Control center, piece safety)</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Puzzle solving</li> <li>•Timed mini games</li> </ul>	<p><b>Period 2 – Table Tennis</b></p> <p><b>Objective: Learn serve basics</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Basic forehand serve</li> <li>•Legal serve rules</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Serve target practice</li> <li>•Serve + return drill</li> </ul>
<b>5</b>	<b>WEEK - 5</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Period 1 – Carrom</b></p> <p><b>Objective: Apply skills in match play</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Match rules</li> <li>•Scoring system</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Practice matches</li> <li>•Doubles practice</li> </ul>	<p><b>Period 2 – Chess</b></p> <p><b>Objective: Play full game with rules</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Touch move rule</li> <li>•Basic endgame idea</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Full game practice</li> <li>•Peer analysis discussion</li> </ul>
<b>6</b>	<b>WEEK - 6</b>	<b>1st PERIOD: PHYSICAL FITNESS / SPORTS</b>	<b>2nd PERIOD: GAME SKILL</b>
		<p><b>Period 1 – Table Tennis</b></p> <p><b>Objective: Apply skills in match format</b></p> <p><b>Skills Taught</b></p> <ul style="list-style-type: none"> <li>•Match scoring</li> <li>•Game etiquette</li> </ul> <p><b>Drills</b></p> <ul style="list-style-type: none"> <li>•Mini tournament</li> <li>•Knockout matches</li> </ul>	<p><b>Period 2 – Mixed Indoor Competition</b></p> <p><b>Objective: Improve confidence and participation</b></p> <p><b>Activities</b></p> <ul style="list-style-type: none"> <li>•Chess mini tournament</li> <li>•Carrom knockout</li> <li>•Table Tennis short matches</li> </ul>

Fine art [painting]

<u>Month</u>	<u>Topic to be covered</u>	<u>Methodology</u>	<u>Learning Objectives</u>
APRIL	Introduction to Fundamental art	students involves developing their creativity, fine motor skills, and understanding of various art techniques. The methodology for an art class at this level should aim to engage students in both the process and the product of creating art. Here's a structured approach:	Technical Skills:  1 creative thinking  3. <b>Understanding Colour Theory.</b>

MAY	Card Making	<p><b>Practical Skills Development:</b> Develop sense of colour and pattern and improve fine motor skills(cutting,folding,pasting)</p>	<p>Technical Skills:</p> <p>Fine motor skill,  creativity</p>
JULY- AUGUST	Still life drawing and Independence day related activity	<p>The methodology should focus on developing students observation skills,understanding of form ,and use of basic art materials.</p> <p>Independence Day related activity: In this activity students develops creativity and imagination and promotes nationl pride.</p>	<p><b>Technical skill:</b></p> <p><b>Shading technique</b> And develop drawing skill</p>
SEP-	Festival art	<p><b>Practical Skills Development:</b></p>	<p>Technical skill:</p>

OCT		The methodology should focus on celebrating various culture traditions, incorporating festive themes into art, and allowing students to express their understanding of these events visually.	Traditional based creativity
NOV-DEC	Portrait study	<p><b>Media and Techniques:</b></p> <p>Experimentation with different media and techniques is encouraged, allowing students to discover their strengths and preferences.</p> <p><b>Composition:</b></p> <p>Understanding the principles of composition, including elements like line, shape, colour, and form, is crucial.</p>	<p>Technical skill:</p> <p>Proportion, expression</p>
Jan-feb	Abstract art, landscape drawing and	<b>Practical Skills Development:</b>	Technical Skills:

	expression /step by step	Abstract art ,unlike realistic art ,focuses on shapes, colours, lines, and forms rather than representing the real world.	Imagination,
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